

When You are the Ah-Counter



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- The following set of three slides is for your information, as background on what the Ah-Counter is supposed to do during a meeting and how to best prepare for this role.
- Additional information is found in [A Toastmaster Wears Many Hats](#).
- There is no need to show any of these slides while you are in an online meeting. They are just for your benefit.

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An audible Ah counter draws participants to the filler words/sounds they use which distract the listener. Eliminating filler words gives Speakers confidence, they gain credibility and are highly respected when they speak contrary to speakers who ah, um an er through their speeches making them sound less confident and distracting the audience.

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Prior to the Meeting

- Prepare a brief explanation of the duties of the Ah-Counter for the benefit of guests.

Upon Arrival at the Meeting

- Be prepared to take notes as people speak during the meeting. You may need to use the Ah-Counter's log provided by your club. Collect it from the sergeant at arms.

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During the Meeting

- When introduced, explain the role of the Ah-Counter.
- Throughout the meeting, listen to speakers and note unnecessary words, sounds, and pauses. Tally the sounds or words each person uses throughout the meeting.
- When called on by the General Evaluator during the evaluation section, you may stand near your chair and give your report.
- The responsibilities of the Ah-Counter conclude with the meeting.