Welcome to my PATHWAYS Tutorial

A good way to explore this site is to visit the Site Map. You may do so from any page.

This site was last updated on: January 09, 2018

Continue your journey of personal and professional development through Pathways, Toastmasters’ new education program! As the foundation of your Toastmasters experience, Pathways is designed to help you build the competencies you need to communicate and lead.

The many benefits to members will include:

- A learning experience tailored to your personal and professional goals
- The opportunity to develop many skills relevant to an evolving global marketplace
- Recognition of educational achievements that will come earlier and more frequently
- New technological resources to improve speeches and support meeting roles
- Online access to educational materials
- Videos that model the skills you are learning

This tutorial presents my own thoughts and interpretation of the program. It is intended to give you an overview before you actually log on and begin your journey. Comments welcome - email Frank.
This page gives an alphabetical listing of what's on this website. Plus, it's a great way to explore the website. Click any term and view detailed information.

-- A --

Active Listening
Achievements
Achievement Medal - pathways
Advanced Mentoring
All 10 Paths in Pathways
All 10 Paths in Pathways - Expanded
Alphabetical List of 59 Projects
Ambassadors
Ambassador - Role Description
Articles - Pathways Related
Pathways Promises More Recognition
Pathways Off to a Strong Start
Reflections of a Pathways Guide
Saying Yes to Pathways
The DCP Takes a Turn in Pathways
The Possibilities of PATHWAYS
Tips for a Positive Pathways Launch
Assessment (Login Required)

-- B --

Badges
Ice Breaker

Ice Breaker Levels  1 2 3 4 5

Increasing Knowledge
Innovative Planning
Improvement Through Positive Coaching
Inspire Your Audience
Introduction to Toastmasters Mentoring

Lead in Any Situation
Leadership Development
Leading in Difficult Situations
Leading in Your Volunteer Organization
Leading Your Team
Learning Master by Region
Learning Your Style
Lessons Learned

Levels

1 2 3 4 5

Level Completion Form

Make Connections Through Networking
Manage Change
Manage Online Meetings
Manage Projects Successfully
Manage Successful Events
Managing a Difficult Audience
Managing Time
Management
Master the Fundamentals
Medal - Achievement, Pathways
Meet the Webmaster
Meeting Roles
Mentoring
Moderate a Panel Discussion
Motivate Others
Motivational Strategies

-- N --

Navigator (definition)
Navigator (22 page booklet)
Navigator Online (must log on)
Negotiate the Best Outcome

-- O --

Overview

-- P --

Paths 1 - 5
Paths 6 - 10
Paths (all 10)

Paths - Choose 1

1  Dynamic Leadership
2  Effective Coaching
3  Innovative Planning
4  Leadership Development
5  Motivational Strategies
6  Persuasive Influence
7  Presentation Mastery
8  Strategic Relationships
9  Team Collaboration
10 Visionary Communication

Paths + Core Competencies (.pdf)
Paths, Core Competencies, and Levels
Pathways Achievement Medal
Pathways Glossaries (in 8 languages)
Paths, Levels, Projects
Pathways Pins
Paths vs. Projects - Cross Reference
Pathways at Toastmasters International

Pathways Related Articles
- Pathways Promises More Recognition
- Reflections of a Pathways Guide
- Saying Yes to Pathways
- Tips for a Positive Pathways Launch

Pathways Quick Start Guide
- Pathways Ribbons
- Persuasive Influence
- Presentation Mastery
- Prepare for an Interview
- Prepare to Mentor
- Prepare to Speak Professionally
- Prepare to Mentor
- Prepare a Proposal
- Print - Handouts
- Print - Business Cards

Projects

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57 Using Descriptive Language
58 Using Presentation Software
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Projects vs. Paths - Cross Reference
Public Relations Strategies

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Question-and-Answer Session
Quick Start Guide for Pathways

-- R --
Reaching Consensus
Reflect on Your Path
Researching and Presenting
Required Projects
Ribbons - Levels - All
Ribbons - Levels :: 1 2 3 4 5
Ribbons - Paths - All
Ribbons - Paths :: 1 2 3 4 5 6 7 8 9 10
Strategic Leadership
Strategic Relationships
Successful Collaboration

Ten Paths (.pdf) in Pathways
Ten Paths
Ten Paths - Expanded
Team Building
Team Collaboration
The Navigator (definition)
The Navigator (.pdf)
Toastmaster Evaluations
Transform Your Talent (Flier)

Tutorials - Online
T = Tutorial / V = Video
▼ (You must be logged in to view videos) ▼
Requesting Feedback (V)
Responding to Feedback Requests (V)
Providing Feedback (V)
Awarding Badges (V)
Feedback and Recognition Overview (T)
Working in My Education Transcript (T)
This area still in work

Understanding Conflict Resolution
Understanding Emotional Intelligence
Understanding Vocal Variety
Understanding Your Communication Style
Understanding Your Leadership Style
Using Descriptive Language
Using Presentation Software
View and Expand any Path
Videos/Pathways - See Tutorials Above
(You must be logged in to view videos)
Videos on the TI Website - General
What is Pathways?
Why was Pathways created?
How was Pathways developed?
How were members involved?
Why is Pathways valuable?
Welcome to Pathways
Testimonials
Visionary Communication
▼ Volunteers ▼
Ambassadors
Chief Ambassadors
Guides
Learning Masters
Volunteer Translations Reviewers
Webmaster - Background
Webmaster Contact
Where Will Pathways Take You - Flier
Write a Compelling Blog
HOME
NOTE: This tutorial is meant to explain the Pathways program before you begin it. It gives you an overview of what the program is about, explains new terms that are used and gives you graphic representations of the Paths, Levels and Projects. It does not explain how to log on or what happens once you are logged on. Hopefully, it will give you a fuller and clearer picture of what is meant by Pathways. Comments are welcomed. Just email me.

Need to find something fast? Just go here:

PATHWAYS AT A GLANCE

Pathways is designed to promote your personal and professional development. As the foundation of the Toastmasters experience, Pathways is designed to help you build the competencies you need to communicate and lead. There are 10 Pathways that you can choose based on your personal and professional goals. These are:

- Dynamic Leadership
- Effective Coaching
- Innovative Planning
- Leadership Development
- Motivational Strategies
- Persuasive Influence
- Presentation Mastery
- Strategic Relationships
- Team Collaboration
- Visionary Communication

Each Pathway has five levels. Level 1 in each Pathway is the same. Subsequent levels are geared to their specific Pathway.
PATHWAYS is Toastmasters’ new education program! It will now serve as the foundation of your Toastmasters experience, and is designed to help you build the competencies you need to communicate and lead.

When starting Pathways, you will be introduced to new terms, such as: Assessment, Navigator, Base Camp, Core Competencies, Paths, Projects, Levels, and others. I’ve added some brief descriptions of these new terms below:

**ASSESSMENT**: Before you start, you take the Pathways Assessment online (log in required). There are ten different learning paths. To find the one that is right for you, you begin by taking the assessment. It helps you identify the path that best meets your needs, interests and goals. After responding to a series of questions, you will be presented with the path that best fits you and your current experience. You may be excited, energized or even surprised by the path recommended to you. The Pathways Assessment helps to point you in the best possible direction. You'll need to log in to participate in the Assessment.

[www.toastmasters.org/StartPathways](http://www.toastmasters.org/StartPathways)

After you receive your assessment results, you can embark on the Path recommended to you or choose one of the other nine paths available. No matter which Path you choose, you will complete at least 14 educational projects and present a minimum of 15 prepared speeches. You will also serve in various meeting roles. Each Path is divided into five levels that build in complexity. The levels help you build on and apply what you have learned.
PROJECT DESCRIPTION

Active Listening

This project covers the difference between hearing and listening, and steps for exploring the ways listening helps build strong, lasting connections.

Purpose: The purpose of this project is to demonstrate your ability to listen to what others say.

Overview: At a club meeting, fulfill the role of Topicsmaster. As Topicsmaster, comment on each speaker’s Table Topics™ speech to demonstrate your active listening skills. For example, you might say, “Thank you. That was a compelling opinion on the benefits of gardening. I understand you feel strongly that everyone needs to spend some time doing something they love.”

This project includes:

- Serving as Topicsmaster at a club meeting
PATHWAYS

DIGITAL BADGES/CERTIFICATES

ACHIEVEMENTS:

Badges - Earn digital badges on Base Camp to show fellow club members all you’ve done. Receive a Path badge when you finish a Path. Every time you complete a level, you’ll receive level badges signifying your achievement. You can also award feedback badges to recognize members of your club.

Certificates - Receive digital certificates whenever you reach important milestones in Pathways. Print your certificates from Base Camp, and when you complete a path, you can request a printed version from World Headquarters.

more about Badges >>
PROJECT DESCRIPTION
Advanced Mentoring

This project is designed to support you as you accomplish a six-month term as a mentor.

**Purpose:** The purpose of this project is to apply mentoring skills during a long-term mentoring commitment.

**Overview:** Fulfill the role of mentor for a fellow Toastmaster or other person for a period of six months. Communicate regularly with your protégé, record meeting dates and times, and give and receive feedback both verbally and in writing. At the end of your commitment, present a 5- to 7-minute speech to your club about what you gained as a mentor. This speech is about you and your experience.

**This project includes:**
- A six-month mentoring commitment
- The Mentor Communication Tracking Log
- The Mentor Evaluation
- The Protégé Success Plan
- The Monthly Goal Check resource
- A 5- to 7-minute speech

Return to Alphabetical Listing of Projects
View All 50 Project on One Page
PATHWAYS

CHOOSE YOUR PATH

Click any graphic below to see detailed information on any Path.

- **DYNAMIC LEADERSHIP**
  Helps you build your skills as a strategic leader.

- **PERSUASIVE INFLUENCE**
  Helps you build your skills as an innovative communicator and leader.

- **EFFECTIVE COACHING**
  Helps you build your skills as a positive communicator and leader.

- **PRESENTATION MASTERY**
  Helps you build your skills as an accomplished public speaker.

- **INNOVATIVE PLANNING**
  Helps you build your skills as a public speaker and leader.

- **LEADERSHIP DEVELOPMENT**
  Helps you build your skills as an effective communicator and leader.

- **STRATEGIC RELATIONSHIPS**
  Helps you build your skills as a public speaker and leader.

- **TEAM COLLABORATION**
  Helps you build your skills as a collaborative leader.

- **MOTIVATIONAL STRATEGIES**
  Helps you build your skills as a powerful and effective communicator.

- **VISIONARY COMMUNICATION**
  Helps you build your skills as a strategic communicator and leader.

Return to Alphabetical Listing of Projects

View All 50 Project on One Page
This charts shows the first 5 Paths offered by Pathways, along with the Levels and Projects involved. Click here to view Paths 6-10.
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<thead>
<tr>
<th>Pathways Learning Experience</th>
<th>Levels and Electives (Part 1)</th>
<th>Paths, Levels and Electives (Part 1)</th>
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<td><strong>DYNAMIC LEADERSHIP</strong></td>
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<td><strong>MOTIVATIONAL STRATEGIES</strong></td>
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<td>Choose 1 project</td>
<td>Helps you build your skills as a powerful and effective leader</td>
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<td>Ice Breaker-19</td>
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<td>Evaluation and Feedback-16</td>
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<td><strong>LEVEL</strong></td>
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<tr>
<td>Researching and Presenting-49</td>
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<td><strong>EFFECTIVE COACHING</strong></td>
<td>Helps you build your skills as a positive communicator and leader</td>
<td><strong>LEADERSHIP DEVELOPMENT</strong></td>
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<td>Mastering Fundamentals -</td>
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<td><strong>LEVELS ELECTIVE PROJECTS</strong></td>
<td>Choose 1 project</td>
<td><strong>LEVEL</strong></td>
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**Increasing Knowledge**

- Mastering Fundamentals - Choose 1 project
- Ice Breaker-19
- Evaluation and Feedback-16
- Researching and Presenting-49

**Learning Your Style**

- Mastering Fundamentals - Choose 1 project
- Ice Breaker-19
- Evaluation and Feedback-16
- Researching and Presenting-49

**Building Skills**

- Manage Projects Successfully-31
- Level 4 Elective Projects (choose 1)
- Team Building-51
- Level 5 Elective Projects (choose 1)
- Lessons Learned-27
- Moderate a Panel Discussion-36
- Ethical Leadership-15
- High Performance Leadership-18
- Leading in Your Volunteer Organization-25
- Prepare to Speak Professionally-43

**Demonstrating Expertise**

- Manage Successful Events-32
- Reflect on Your Path-48
- Level 5 Elective Projects (choose 1)
- Lessons Learned-27
- Moderate a Panel Discussion-36
- Ethical Leadership-15
- High Performance Leadership-18
- Leading in Your Volunteer Organization-25
- Prepare to Speak Professionally-43

**Pathways**

- Learning Experience
- Levels and Electives (Part 1)
- Paths, Levels and Electives (Part 1)

**View Paths 6 - 10**
You choose your Required and Elective Projects from the list below (to determine which is Required and which is Elective, you must view details for the Path you have chosen). To view details on any of the 59 Projects, simply click the desired project in the table below. To view all 59 Projects at once, click here.

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In Pathways, you can achieve an award after your first three speeches.

Meeting frequent milestones earns you badges, certificates and letter and other honors. You can also give online feedback badges to other members of your home club - badges with uplifting labels like Collaborative, Innovative and Inspirational.

At each level, you complete two to three projects, and when you finish a level, you earn a digital badge and a digital certificate. The awards are displayed in Base Camp, the program’s learning management system. Every member has access to Base Camp, whether or not you decide to work in Pathways online or prefer to work with print materials. The awards are displayed in Base Camp, the program's learning management system. Every member has access to Base Camp, whether or not you decide to work in Pathways online or prefer to work with print materials.

When you complete Level 3, 4 or 5 in a path, you can request a letter from Toastmasters World Headquarters to inform your employer of your achievements. And when you complete an entire path, you earn the Proficient designation. For example: “Toastmaster Margaret completed the Innovative Planning learning path and is now Innovative Planning Proficient.”

Early Pathways users have responded positively to the digital feedback badges. If, for example, you want to praise a member for a particularly compelling speech, you can give that person an Exceptional badge. Or let’s say you want to applaud a new club member for overcoming fears to give a speech for the first time—give them a Courageous badge.
“I can already tell that these badges are definitely morale boosters for both the giver and the receiver, and they will go a long way toward keeping members engaged and motivated,” says Savitha Setlur, DTM, a member of two clubs in Northern California. Ching received Exceptional badges from fellow club members after one of her recent speeches, along with comments praising her enthusiasm and drive. At first, she recalls, she felt some embarrassment at the “exceptional” label. But gradually she allowed herself to appreciate the compliments.

“I let my feelings of embarrassment subside,” she says, “and transform into ones of pride and gratitude to my fellow Toastmasters for recognizing my success.”

Most of the information on this page was excerpted from the article: "Pathways Promises More Recognition" by Paul Sterman.
**BASE CAMP:** Base Camp is your online gateway to the Pathways learning experience, where you will find everything you need on your journey. Base Camp is where you access your educational materials, your education transcript, interactive projects and other useful tips, tools and resources. Here you can work on projects, track your progress, connect with members of your club and view badges and certificates you’ll earn along the way. Base Camp also features resources to help guide you, including videos, quizzes, interactive activities and more. Once you’re ready to start, visit:

[www.toastmasters.org/StartPathways](http://www.toastmasters.org/StartPathways)

Log in with your member ID and password. Visit **Base Camp** (log in required). If you are new to Base Camp, select the blue Navigating Base Camp tile to learn more.

**BASE CAMP MANAGER:** For most clubs, the vice president education (VPE) will assume the role of Base Camp manager. The Base Camp manager helps facilitate your progress by verifying your education, approving requests and more. In the event a VPE isn’t able to perform these duties, or if a club does not have a VPE, the Base Camp manager responsibilities will be fulfilled by the club president or club secretary. The central responsibilities of the Base Camp manager include:

- Approving speeches outside the club
- Verifying level completion
- Tracking member progress
- Verifying project completion for members using printed materials
Base Camp Manager Duties: view duties.
# Base Camp Glossary

<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
<th>Use on Base Camp and Pathways</th>
</tr>
</thead>
<tbody>
<tr>
<td>Badge</td>
<td>An icon awarded for an individual accomplishment</td>
<td>You can find your badges in your E-portfolio. Learning badges are awarded by Base Camp when a member reaches learning milestones. You and members of your home club can award you feedback badges for speeches or other accomplishments.</td>
</tr>
<tr>
<td>Badges page</td>
<td>A page that displays all the badges awarded to a member</td>
<td>Your Badges page is part of your E-portfolio. Your learning badges and feedback badges are visible to all members of your home club when they visit your profile. You can see the badges of members of your home club by visiting their profile and selecting their E-portfolio.</td>
</tr>
<tr>
<td>Base Camp manager</td>
<td>Club officer who confirms project and level completions and supports members on Base Camp</td>
<td>Most often your vice president education will be the Base Camp manager for your club. The president or secretary can fill these duties if the VPE isn’t available for any reason. Base Camp manager responsibilities include: verifying level completions, tracking member progress, and approving external training requests.</td>
</tr>
<tr>
<td>Club Central</td>
<td>A page on the Toastmasters website (<a href="http://www.toastmasters.org">www.toastmasters.org</a>) for club officers</td>
<td>Vice presidents education or other club officers visit this page to submit awards for credit toward the Distinguished Club Program and for other housekeeping duties.</td>
</tr>
</tbody>
</table>

**Page 1 of 4**
<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
<th>Use on Base Camp and Pathways</th>
</tr>
</thead>
<tbody>
<tr>
<td>Curriculum</td>
<td>A collection of courses</td>
<td>On Base Camp, curriculum refers to your path or paths. The Pathways Mentor Program is also referred to as a curriculum.</td>
</tr>
<tr>
<td>Documents folder</td>
<td>A folder found in the E-portfolio section of your profile</td>
<td>You can store completed speech evaluations and other documents on Base Camp by uploading them to your documents folders. Your documents folders are private. You are the only one who can view the material you choose to store in any of the files there.</td>
</tr>
<tr>
<td>Elective project</td>
<td>Any project self-selected by a member</td>
<td>There are many elective projects to choose from in Pathways. The electives are found at Levels 3, 4, and 5. You are required to complete at least two elective projects at Level 3 and a minimum of one elective project each at Levels 4 and 5, but you are free to complete as many as you would like.</td>
</tr>
<tr>
<td>E-portfolio</td>
<td>A page organized to store an individual member's materials</td>
<td>Your E-portfolio includes links to My Documents which houses your documents folders and your Badges page. Members of your home club can view your badges, but will not have access to any of your documents.</td>
</tr>
<tr>
<td>External training</td>
<td>The process for submitting a request to complete a Pathways project outside your home club</td>
<td>When you want to complete a project in another Toastmasters club or outside of Toastmasters altogether, you need approval from the vice president education of your home club.</td>
</tr>
<tr>
<td>Feedback badge</td>
<td>A badge awarded to an individual by a member of their home club</td>
<td>Feedback badges include Collaborative, Courageous, Exceptional, Innovative, and Inspirational. A member may award feedback badges at any time. You can find them on the My Feedback page as well as the My Badges page.</td>
</tr>
<tr>
<td>Term</td>
<td>Definition</td>
<td>Use on Base Camp and Pathways</td>
</tr>
<tr>
<td>-------------------------</td>
<td>----------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Home club</td>
<td>Your Toastmasters club</td>
<td>Most Toastmasters are members of only one club. This club is your home club. You can view the profiles of and send feedback to any member of your home club. If you are an active member in more than one club, you can select or change your home club at any time from the Pathways Start page.</td>
</tr>
<tr>
<td>Learning badge</td>
<td>A badge awarded automatically by Base Camp</td>
<td>A learning badge is awarded to you when you complete a level, and start or finish a path.</td>
</tr>
<tr>
<td>Level</td>
<td>The learning in Pathways is divided into five levels</td>
<td>Each level is made up of two to three projects, depending on the complexity of the assignments. When you complete all the requirements of a level, you advance to the next.</td>
</tr>
<tr>
<td>Multiple-club members</td>
<td>Toastmasters who are active members of more than one club</td>
<td>When you are a member of more than one club, you will set your home club on the Pathways Start page. You may only leave feedback for, view the profiles of, or award badges to members of your home club on Base Camp. Be sure to keep each of your vice presidents education informed about your completions and which club you want to receive credit for your educational achievements.</td>
</tr>
<tr>
<td>Online class</td>
<td>An interactive or video-enabled project or tutorial</td>
<td>Each Pathways project and video tutorial on Base Camp is an online class.</td>
</tr>
<tr>
<td>Path</td>
<td>A member’s educational journey in Pathways</td>
<td>Each path is made up of five levels increasing in complexity. Each path includes a minimum of 15 prepared speeches across at least 14 projects.</td>
</tr>
<tr>
<td>Term</td>
<td>Definition</td>
<td>Use on Base Camp and Pathways</td>
</tr>
<tr>
<td>--------------------------</td>
<td>----------------------------------------------------------------------------</td>
<td>-----------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Pathways Start page</strong></td>
<td>The page on the Toastmasters website (<a href="http://www.toastmasters.org">www.toastmasters.org</a>) where you access Base Camp.</td>
<td>The <strong>Pathways Start page</strong> is where you take the Pathways Assessment and launch Base Camp. If you are a member of more than one club, you can review or change your home club from this page. Vice presidents education, presidents or secretaries may log into Base Camp for their personal education or as a Base Camp manager.</td>
</tr>
<tr>
<td><strong>Project</strong></td>
<td>An educational component of a path</td>
<td>Each project focuses on a specific topic and includes an assignment to help you develop your skills. Each project includes at least one speech.</td>
</tr>
<tr>
<td><strong>Required project</strong></td>
<td>A project assigned to a member based on the content of their path</td>
<td>Required projects must be completed before you can advance to the next level in your path. Levels 1 and 2 include three required projects, Levels 3 and 4 include one required project, and Level 5 includes two required projects.</td>
</tr>
</tbody>
</table>
PATHWAYS
BUILDING SOCIAL PRESENCE

PROJECT DESCRIPTION
Building a Social Media Presence

This project addresses how best to use different types of online communication. You will create and maintain an online profile to promote yourself or an organization.

Purpose: The purpose of this project is to apply your understanding of social media to enhance an established or new social media presence.

Overview: Use this project and your own research to build a new social media presence or enhance an existing presence. You may focus on a personal goal (such as connecting with old friends or promoting a blog) or on a professional goal (such as promoting a business or organization). Use the tools you identify as best for you and your purpose. After you achieve your goal, deliver a 5- to 7-minute speech to your club about your results, experience, and the benefits of social media. Submit the Project Completion Form to your vice president education to receive credit for completing the project.

Note: With the vice president public relation's approval, you may choose to create a social media presence for your Toastmasters club.

This project includes:
- Establishing or enhancing a social media presence
- The Project Completion Form
- A 5- to 7-minute speech
LEVELS: Each Path is made up of five levels of increasing complexity. These 5 levels are represented by a special icon, which you will see on the website, in literature, and they will also show up as Digital Badges as you complete a level. The program is designed this way so you’re always building on what you learned in the previous level. All learning paths contain these following levels.

**LEVEL 1:** Master the Fundamentals. Develop or enhance your understanding of the fundamentals needed to be a successful public speaker and evaluator. You’ll focus on speech writing and basic speech delivery, as well as receiving, applying and delivering feedback. You’ll complete three required projects.

**LEVEL 2:** Learning Your Style. Develop an understanding of your personal styles and preferences. You’ll have the opportunity to identify your leadership or communication styles and preferences. You’ll complete three required projects. You will also be introduced to the basic structure of the Pathways Mentor Program.

**LEVEL 3:** Increasing Knowledge. Begin increasing your knowledge of skills specific to your path. You’ll complete one required project and at least two elective projects that address your goals and interests through a wide variety of topics.

**LEVEL 4:** Building Skills. Build the skills you need to succeed on your path. You’ll have the opportunity to explore new challenges and begin applying what you have learned. You’ll complete one required project and at least one elective project.

**LEVEL 5:** Demonstrating Expertise. In this final level, demonstrate your expertise in
the skills you have learned. You’ll have the opportunity to apply what you have learned at all levels to accomplish larger projects. You’ll complete one required project, at least one elective project and the “Reflect on Your Path” project to bring closure to your path. At the completion of this level you will become Proficient.

The table below shows what you can expect to do at each level.

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mastering Fundamentals</td>
<td>Learning Your Style</td>
<td>Increasing Knowledge</td>
<td>Building Skills</td>
<td>Demonstrating Expertise</td>
</tr>
<tr>
<td>“Ice Breaker”</td>
<td>Two required projects + “Introduction to Toastmasters Mentoring”</td>
<td>One required project + a minimum of two elective projects</td>
<td>One required project + a minimum of one elective project</td>
<td>One required project + a minimum of one elective project + “Reflect on Your Path”</td>
</tr>
</tbody>
</table>

For additional details about Levels, click appropriate level above.
Make a lasting impression at your next club meeting, open house or other event with your very own business cards! These officially branded cards include your name, title and contact information, allowing prospective members to easily connect with you if they have any questions.

Club Business Cards

District Business Cards

Or order custom made cards from Staples, Office Depot or VistaPrint.
Print your own handouts, as seen on this site. See printing details.
Certificates - Receive digital certificates whenever you reach important milestones in Pathways. Print your certificates from Base Camp, and when you complete a path, you can request a printed version from World Headquarters.

Digital Badges
This chart shows the next 5 Paths offered by Pathways, along with the Levels and Projects involved. Click here to view Paths 1-5.
This chart shows all 10 paths, gives a description of each, shows the core competencies (in descending order of importance) involved, along with a brief summary of each level.
**Paths, Core Competencies and Levels**

The new PATHWAYS learning experience is based on these **FIVE CORE COMPETENCIES**: 1. **PUBLIC SPEAKING** 2. **INTERPERSONAL COMMUNICATION** 3. **STRATEGIC LEADERSHIP** 4. **MANAGEMENT** 5. **CONFIDENCE** The primary core competencies represented in each path are listed in order of emphasis inside each box that describes one of the ten paths. To determine the right path for you, go to this link: [https://www.toastmasters.org/Pathways-Overview](https://www.toastmasters.org/Pathways-Overview) (log in required).

<table>
<thead>
<tr>
<th>Pathways</th>
<th>Core Competencies</th>
<th>Levels</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>DYNAMIC LEADERSHIP</td>
<td>helps you build your skills as a strategic leader. The projects on this path focus on understanding leadership and communication styles, the effect of conflict on a group and the skills needed to defuse and direct conflict. These projects also emphasize the development of strategies to facilitate change in an organization or group, interpersonal communication and public speaking. Each project emphasizes the importance of effective interpersonal communication. This path culminates in a “High Performance Leadership” project of your design. <em>Not available in non-English printed materials.</em></td>
<td>1 2 3 4 5</td>
<td>1. Must complete one required project plus 2. Two elective projects that address your goals and interests through a wide variety of topics and 3. Serve as Topicsmaster, Toastmaster and evaluator by end of Level 3.</td>
</tr>
<tr>
<td>PERSUASIVE INFLUENCE</td>
<td>helps you build your skills as an innovative communicator and leader. The projects on this path focus on how to negotiate a positive outcome together with building strong interpersonal communication and public speaking skills. Each project emphasizes developing leadership skills to use in complex situations, as well as creating innovative solutions to challenges. This path culminates in a “High Performance Leadership” project of your design. <em>Not available in printed materials.</em></td>
<td>1 2 3 4 5</td>
<td>1. Must complete one required project plus 2. Two elective projects that address your goals and interests through a wide variety of topics and 3. Serve as Topicsmaster, Toastmaster and evaluator by end of Level 3.</td>
</tr>
<tr>
<td>PRESENTATION MASTERY</td>
<td>helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to you and improving your connection with audience members. The projects contribute to developing an understanding of effective public speaking techniques, including speech writing and speech delivery. This path culminates in an extended speech that will allow you to apply what you learned.</td>
<td>1 2 3 4 5</td>
<td>1. Must complete one required project plus 2. Two elective projects that address your goals and interests through a wide variety of topics and 3. Serve as Topicsmaster, Toastmaster and evaluator by end of Level 3.</td>
</tr>
<tr>
<td>STRATEGIC RELATIONSHIPS</td>
<td>helps you build your skills as a leader in communication. The projects on this path focus on developing diversity, building personal and professional connections with a variety of people and developing a public relations strategy. Communicating well interpersonally and as a public speaker is emphasized in each project. The path culminates in a project to apply your skills as a leader in a volunteer organization. <em>Not available in non-English printed materials.</em></td>
<td>1 2 3 4 5</td>
<td>1. Must complete one required project plus 2. Two elective projects that address your goals and interests through a wide variety of topics and 3. Serve as Topicsmaster, Toastmaster and evaluator by end of Level 3.</td>
</tr>
<tr>
<td>TEAM COLLABORATION</td>
<td>helps you build your skills as a collaborative leader. The projects on this path focus on active listening, motivating others and collaborating with a team. Each project contributes to building interpersonal communication and public speaking skills. This path culminates in a project focused on applying your leadership skills. <em>Not available in non-English printed materials.</em></td>
<td>1 2 3 4 5</td>
<td>1. Must complete one required project plus 2. Two elective projects that address your goals and interests through a wide variety of topics and 3. Serve as Topicsmaster, Toastmaster and evaluator by end of Level 3.</td>
</tr>
<tr>
<td>VISIONARY COMMUNICATION</td>
<td>helps you build your skills as a strategic communicator and leader. The projects on this path focus on developing your skills for sharing information with a group, planning communications and creating innovative solutions. Speech writing and speech delivery are emphasized in each project. This path culminates in the development and launch of a long-term personal or professional vision. <em>Not available in printed materials.</em></td>
<td>1 2 3 4 5</td>
<td>1. Must complete one required project plus 2. Two elective projects that address your goals and interests through a wide variety of topics and 3. Serve as Topicsmaster, Toastmaster and evaluator by end of Level 3.</td>
</tr>
</tbody>
</table>

Every pathway consists of five levels (shown below) that must be completed before that pathway is complete. AND everyone must complete two different pathways in order to become a Distinguished Toastmaster. In addition, every pathway consists of two levels of required elements and three levels of elective elements. Level 1 is the same for every path. Level Two consists of three required projects. Levels Three, Four and Five are unique to each pathway and consist of two or more projects per level. Additional details for each level, including Required and Elective projects are shown on pages 4, 5, 6 and 7.

**Level 1: Mastering Fundamentals**

- Develop or enhance your understanding of the fundamentals needed to be a successful public speaker and evaluator. You’ll focus on speech writing and basic speech delivery, as well as receiving, applying and delivering feedback.
  - “Ice Breaker”
  - “Evaluation and Feedback”
  - Researching and Preparing

**Level 2: Learning Your Style**

- Develop an understanding of your personal styles and preferences. You’ll have the opportunity to identify your leadership or communication styles and preferences. You will also be introduced to the basic structure of the Pathways Mentor Program.
  - Two required projects plus
  - “Introduction to Toastmasters Mentoring”

**Level 3: Increasing Knowledge**

- Begin increasing your knowledge of skills specific to your path.
  - Must complete one required project plus
  - Two elective projects that address your goals and interests through a wide variety of topics and
  - Serve as Topicsmaster, Toastmaster and evaluator by end of Level 3

**Level 4: Building Skills**

- Build the skills you need to succeed on your path. You’ll have the opportunity to explore new challenges and begin applying what you have learned. You’ll complete one required project and at least one elective project.
  - One required project plus
  - A minimum of one elective project

**Level 5: Demonstrating Expertise**

- In this final level, demonstrate your expertise in the skills you have learned. You’ll have the opportunity to apply what you have learned at all levels to accomplish larger projects. You’ll complete one required project, at least one elective project and the “Reflect on Your Path”
  - One required project plus
  - A minimum of one elective project and
  - “Reflect on Your Path”
Choose a PATH from the list below, then read from top to bottom and see which required projects and which electives are required to complete that path.

Table of the 10 Pathways + Levels + Required and Elective Projects

Each of the 10 learning Paths is comprised of 10 Required projects and a minimum of 4 Elective projects. Members may complete as many projects as they desire.
# PATHWAYS

## CHOOSE YOUR PATH

<table>
<thead>
<tr>
<th>Dynamic Leadership</th>
<th>Persuasive Influence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Helps you build your skills as a strategic leader</td>
<td>Helps you build your skills as an innovative communicator and leader</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Effective Coaching</th>
<th>Presentation Mastery</th>
</tr>
</thead>
<tbody>
<tr>
<td>Helps you build your skills as a positive communicator and leader</td>
<td>Helps you build your skills as an accomplished public speaker</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Innovative Planning</th>
<th>Strategic Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Helps you build your skills as a public speaker and leader</td>
<td>Helps you build your skills as a public speaker and leader</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Leadership Development</th>
<th>Team Collaboration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Helps you build your skills as an effective communicator and leader</td>
<td>Helps you build your skills as a collaborative leader</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Motivational Strategies</th>
<th>Visionary Communication</th>
</tr>
</thead>
<tbody>
<tr>
<td>Helps you build your skills as a powerful and effective communicator</td>
<td>Helps you build your skills as a strategic communicator and leader</td>
</tr>
</tbody>
</table>

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Return to Alphabetical Listing of Projects

View All 50 Project on One Page
Every club has elected officers who ensure the quality and long-term success of the club. These are the members who make your club meetings happen. Your club executive committee includes the president, vice president education, vice president membership, vice president public relations, secretary, treasurer, sergeant at arms and immediate past president.

Along your journey, you may need to communicate with one or more executive committee members to complete learning projects. For example, you may need to verify with the vice president education that you managed an event. Or, if you wish to promote your club as part of an assignment, you’ll need approval and guidance from the vice president public relations.

Your club officers are there to help you. Use them as resources and guides. Read the following descriptions of each club executive committee member to help you determine who to reach out to when you have questions or need assistance. If you aren’t sure who to speak with, your president or vice president education can help you. View this page online (page 7).
President: This officer is the chief executive officer responsible for supervision and operation of the club. The president sets the tone for the club and provides helpful, supportive leadership for all activities.

Vice president education (VPE): This officer is responsible for planning successful club meetings and making sure each member has the opportunity to achieve their educational goals. The VPE is the second-highest ranking club officer.

Vice president membership (VPM): This officer manages the process of bringing guests to meetings and encouraging those guests to become members. The VPM maintains a constant flow of new people into the club.

Vice president public relations (VPPR): This officer promotes the club in the community and notifies the media about the club news and benefits. The VPPR updates web content and social media, and safeguards the Toastmasters brand identity.

Secretary: This officer maintains club records, manages files, handles club correspondence and takes the minutes at each club and executive committee meeting.

Treasurer: This officer is the club accountant. The treasurer manages the club bank account, writes checks when approved by the executive committee and deposits dues and other club revenues.

Sergeant at arms (SAA): This officer keeps track of physical inventory. The SAA arrives early to prepare the meeting place and stays after to stow all club equipment.

Immediate past president: This officer serves as a guide and resource to club officers and members.

You may still have questions. Your VPE or other club officers can familiarize you with the club. They can explain how the club operates, help you identify your learning opportunities and explain your responsibilities as a member. Tell the VPE about your goals and ask how your club can help you achieve them. Don't be afraid to ask for help.
PROJECT DESCRIPTION
Communicate Change

This project focuses on creating a communication plan by gathering evidence to support the need for change and communicating change with your audience.

Purpose: The purpose of this project is to practice the skills needed to effectively communicate change to a group or organization.

Overview: Develop a plan for communicating a change to an audience affected by the change. At a club meeting, communicate the change in a 5- to 7-minute speech. You may speak about a real or hypothetical change that affects your club or another group in your life. This speech is not a report on the content of this project, but a speech about how you would or will communicate a real or hypothetical change.

This project includes:
- Developing a plan for communicating change
- A 5- to 7-minute speech

Return to Alphabetical Listing of Projects

View All 50 Project on One Page
PROJECT DESCRIPTION

Connect with Storytelling

This project addresses storytelling techniques and descriptive skills to help make every speech relatable and interesting.

**Purpose:** The purpose of this project is to practice using a story within a speech or giving a speech that is a story.

**Overview:** Choose an established story, a story about your life, or a fictional tale of your own creation. Deliver the 5- to 7-minute speech at a club meeting.

This project includes:
- A 5- to 7-minute speech
Connect with Your Audience

This project focuses on different audience types and how to address them effectively.

**Purpose:** The purpose of this project is to practice the skills needed to connect with an unfamiliar audience.

**Overview:** Develop a 5- to 7-minute speech on a topic that is unfamiliar to the majority of your audience. Because you deliver this speech in your Toastmasters club, you are familiar with the audience members’ preferences and personalities. Selecting a topic that is new or unfamiliar to your club members will allow you to practice adapting as you present. As you speak, monitor the audience’s reaction to your topic and adapt as necessary to maintain engagement.

This project includes:
- A 5- to 7-minute speech
CORE COMPETENCIES: It is important to note that each member using Base Camp will have the opportunity to select from many electives to extend their learning. With the addition of electives, members have the flexibility to cover all core competencies within each path. The five core competencies are: Public Speaking, Interpersonal Communication, Strategic Leadership, Management and Confidence. Confidence is unique because it cannot be taught, but is gained in every path.

Public Speaking: builds members’ confidence in delivering both prepared and impromptu speeches in the Toastmasters club environment as well as their personal and professional lives. Through practice and peer evaluation, members learn how to present their messages effectively, concisely and professionally. This competency provides tools that members can use to learn prepared and impromptu speaking skills.

Interpersonal Communication: builds members’ confidence in communicating with others, whether verbally, non-verbally, in writing or via electronic methods. Members learn how to build relationships, resolve conflict and communicate well with others. This Toastmasters competency teaches members to effectively interact with others at any level, from guests to members and leaders at the club, area, division, district levels and beyond.

Management: While a person may be both a leader and a manager, there is a difference in the skill sets needed for these roles. Within the Toastmasters organization of clubs, areas, divisions and districts, managing deals mostly with planning, organizing and facilitating specific tasks (such as the club treasurer managing the club’s budget). Managing also deals with people, whether they are individuals or groups. Managers build camaraderie and teamwork and empower members to learn and grow through the Toastmasters education program.
Strategic Leadership: Every club, area, division and district needs a strategic leader—someone who sees the big picture and has the ideas and vision to do things better, whether it’s build a more supportive club environment, lead a team, or attract and retain more members.

The Toastmasters strategic leader has a vision that is both attainable and inspiring. He or she is able to bring about positive changes by inspiring others to get involved and help in the effort to reach common goals.

Building Confidence: In Toastmasters, one of the many ways that members develop confidence is through self-reflection. Through self-reflection and evaluation, members learn to acknowledge their flaws and embrace their capacity for self-improvement. By learning how to set goals and meet them, they gain confidence in their own knowledge, skills and abilities.
This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.

**Purpose:** The purpose of this project is to introduce you to the skills needed to organize and present a podcast.

**Overview:** Use this project and your own research to create a podcast. Record a minimum of 60 minutes of content. You are free to divide the episodes as you choose. Each separate episode must be at least 10 minutes, but may be longer if it fits your topic and style. After you record all content, play a 5- to 10-minute segment in your club. Introduce the segment in a 2- to 3-minute speech.

**This project includes:**
- Recording 60 minutes of podcast content
- A 2- to 3-minute introduction speech
PATHWAYS
CREATING EFFECTIVE VISUAL AIDS

PROJECT DESCRIPTION
Creating Effective Visual Aids

This project addresses effective methods for choosing the best visual aid for your presentation along with the creation and use of each type.

Purpose: The purpose of this project is to practice selecting and using a variety of visual aids during a speech.

Overview: Choose a speech topic that lends itself well to using visual aids. Create at least one but no more than three visual aids to enhance your presentation. Deliver your 5- to 7-minute presentation at a club meeting.

This project includes:
- Creating one to three visual aids
- A 5- to 7-minute speech

Return to Alphabetical Listing of Projects

View All 50 Project on One Page
PROJECT DESCRIPTION

Cross-Cultural Understanding

This project focuses on understanding the cultures with which you identify and the impact of stereotypes associated with your cultures and others.

**Purpose:** The purpose of this project is to identify your own cultural identities and the stereotypes that impact others' perceptions of you.

**Overview:** Develop a 5- to 7-minute speech about the cultures with which you most closely identify and the personal impact of the stereotypes commonly associated with those cultures. You may need to spend some time researching the stereotypes believed about your cultures, especially if you are a member of the most dominant cultures in your geographic area. Be aware that all cultural identities have some sort of affiliated stereotype, even if it is obscure or uncommon.

**This project includes:**
- The Defining Your Cultural Identity resource
- A 5- to 7-minute speech

Return to Alphabetical Listing of Projects

View All 50 Project on One Page
PATHWAYS

PATHS, CORE COMPETENCIES AND LEVELS

This chart shows all 10 paths, along with projects per Path and per Level.
View list of Projects here.

Table of the 10 Pathways + Levels + Required and Elective Projects

Choose a PATH from the list above, then read from top to bottom and see which required projects and which electives are required to complete that path.
Each of the 10 learning Paths is comprised of 10 Required projects and a minimum of 4 Elective projects. Members may complete as many projects as they desire.
PROJECT DESCRIPTION

Deliver Social Speeches

This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.

Purpose: The purpose of this project is to practice delivering social speeches in front of your club members.

Overview: Develop two different social speeches—each 3 to 4 minutes—and present them at two separate club meetings. You may choose any two types of social speeches that appeal to you or that you would like to practice.

This project includes:
- The Social Speech Basics resource
- Two 3- to 4-minute speeches
Project Description

This project focuses on how to formulate a central message and develop a communication plan for a target audience.

**Purpose:** The purpose of this project is to practice developing a communication plan.

**Overview:** Develop a communication plan for any event or situation. The plan may be for a real or hypothetical need. At a club meeting, present a 5- to 7-minute speech about your experience. You may choose to speak about the planning process, the benefits of developing a plan, or the impact of your plan if you implemented it. Show your vice president education your completed plan to receive credit for this project.

**This project includes:**
- Developing a communication plan
- The Write a Communication Plan resource
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Develop Your Vision

This project focuses on developing a vision for your work or personal life.

**Purpose:** The purpose of this project is to develop a detailed vision for your personal life, professional life, or an organization.

**Overview:** Develop a vision and present it at a club meeting in a 5- to 7-minute speech. Establish a timeline for implementing your plan using the resources included in this project. Deliver another 5- to 7-minute speech at a later meeting to present your plan to bring your vision to fruition. Submit your signed Project Completion Form to the vice president education to show you completed all resources included in the project.

**This project includes:**
- Developing a vision and establishing a plan to implement it
- The Idea Map Worksheet
- The Goal Setting Worksheet
- The Goal Task List
- The Vision Plan resource
- Two 5- to 7-minute speeches
- The Project Completion Form

Return to Alphabetical Listing of Projects

View All 50 Project on One Page
Distinguished Club Program (DCP)

Simply stated, each club has 10 goals it tries to meet each year: six are related to education, two are related to membership, one is related to training and one relates to administration. This remains the same under Pathways. However, the names of the six educational goals have new names under Pathways. These goals are collectively known as the Distinguished Club Program (DCP).

During the transition period from the current education system to the new Pathways learning system, the DCP will transition through three stages: Stage 1 (current system will last until at least early 2020), Stage 2 (a hybrid system), and Stage 3 (Pathways).

The current Distinguished Club Program (DCP) includes 10 goals that your club should strive to achieve each year.

**STAGE ONE (Current Program)**

The Distinguished Club Program (DCP) includes 10 goals that your club should strive to achieve each year.

1. Two Competent Communicator (CC) awards
2. Two more CC awards
3. One Advanced Communicator Bronze (ACB), Advanced Communicator Silver
(ACS) or Advanced Communicator Gold (ACG) award
4. One more ACB, ACS or ACG award
5. One Competent Leader (CL), Advanced Leader Bronze (ALB), Advanced Leader Silver (ALS) or Distinguished Toastmaster (DTM) award
6. One more CL, ALB ALS or DTM award
7. Four new members
8. Four more new members
9. A minimum of four club officers trained during each of the two training periods
10. On time payment of membership dues accompanied by the names of eight members (at least three of whom must be renewing members) for one period and on-time submission of one club officer list.

The 10 Club Goals fall into one of these four categories.

| Education | Membership | Training | Administration |

STAGE TWO (Hybrid Program)

Stage two is a combination of the current system and the Pathways system, which I call the Hybrid system.

There will be a transition period during which the current education program runs concurrently with Pathways. Members can participate in one program or the other (or both, if they choose). During this time, clubs will have flexibility when it comes to the DCP. They can still aim for completing six educational goals—but they can choose from 12 options: Members can meet the six current educational goals, the six Pathways goals or a mix of goals from both education programs.

The Hybrid DCP

1. Two Competent Communicator (CC) awards
2. Two more CC awards
3. One Advanced Communicator Bronze (ACB), Advanced Communicator Silver (ACS) or Advanced Communicator Gold (ACG) award
4. One more ACB, ACS or ACG award
5. One Competent Leader (CL), Advanced Leader Bronze (ALB), Advanced Leader Silver (ALS) or Distinguished Toastmaster (DTM) award
6. One more CL, ALB, ALS or DTM award

P1. Four members complete Level 1
P2. Two members complete Level 2
P3. Two more members complete Level 2
P4. Two members complete Level 3
P5. One member completes Level 4
P6. One member completes Level 5
The 10 Club Goals fall into one of these four categories.

<table>
<thead>
<tr>
<th>Education</th>
<th>Membership</th>
<th>Training</th>
<th>Administration</th>
</tr>
</thead>
</table>

The idea is to make the switch to the DCP in Pathways as seamless as possible. Once the transition period ends, the six Pathways goals will be the DCP educational goals for all clubs. The transition period lasts for two years after all regions have been included in the Pathways rollout.

**STAGE THREE (Pathways)**

The 10 club goals under Pathways.

1. Four members complete Level 1 in a learning path
2. Two members complete Level 2 in a learning path
3. Two additional members complete Level 2 in a learning path
4. Two members complete Level 3 in a learning path
5. One member completes Level 4 in learning path
6. One member completes Level 5 in a learning path
7. Four new members
8. Four more new members
9. A minimum of four club officers trained during each of the two training periods
10. On time payment of membership dues accompanied by the names of eight members (at least three of whom must be renewing members) for one period and on-time submission of one club officer list.
To be considered for recognition, your club must either have 20 members or a net growth of at least five new members as of June 30. Transfer members do not count toward this total until their membership has been paid and is current in their new club.

<table>
<thead>
<tr>
<th>ACHIEVEMENT</th>
<th>RECOGNITION EARNED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Achieve five of the 10 goals</td>
<td>Distinguished Club</td>
</tr>
<tr>
<td>Achieve seven of the 10 goals</td>
<td>Select Distinguished Club</td>
</tr>
<tr>
<td>Achieve nine of the 10 goals</td>
<td>President’s Distinguished Club</td>
</tr>
</tbody>
</table>

For additional information, read "The DCP Takes a Turn in Pathways"

Contact your vice president education for more information on the DCP.
The Distinguished Toastmaster (DTM) award represents the highest level of educational achievement in Toastmasters. The requirements to achieve the DTM will change slightly with Pathways.

Current Education Program

1. Earn the Competent Communicator (CC) award.

Pathways Learning Experience

1. Complete two learning paths.
2. Earn the Competent Leader (CL) award  
3. Serve at least six months as a club officer  
4. Serve a complete one-year term as a district officer.  
5. Serve as a club sponsor, mentor or coach.  
7. Earn your Advanced Communicator Gold or Advanced Toastmaster Gold award.  
8. Earn your Advanced Leader Silver or Advanced Leader award.*

*Please refer to each award application for a complete list of requirements.

New requirements for the DTM award are shown in the graphic below. For more details, click [www.toastmasters.org/education/distinguished-toastmaster](http://www.toastmasters.org/education/distinguished-toastmaster)
### The Distinguished Toastmaster in Pathways

The DTM award represents the highest level of educational achievement in Toastmasters.

<table>
<thead>
<tr>
<th>Pathways</th>
<th>Commitment</th>
<th>Skills Gained</th>
</tr>
</thead>
<tbody>
<tr>
<td>Club Leadership</td>
<td>1 year (can be two 6-month consecutive or non-consecutive terms)</td>
<td>Leadership, opportunities for collaboration and decision making</td>
</tr>
<tr>
<td>Youth Leadership or Speechcraft Workshop</td>
<td>6 months to 2 years (depending on role)</td>
<td>High-level leadership, consistent opportunities for collaboration, project-driven environment and demonstrable decision-making responsibilities</td>
</tr>
<tr>
<td>District Leadership</td>
<td>1 year</td>
<td>Leadership, mentoring individuals and a team, and collaboration</td>
</tr>
<tr>
<td>Club Sponsorship, Mentor or Coach</td>
<td>6 months to 1 year</td>
<td>Self-directed course of study, over 300 communication competencies, large-scale and small-scale leadership opportunities, collaboration, cooperation, self-direction, and receiving and providing effective feedback</td>
</tr>
<tr>
<td>Education</td>
<td>2 to 4 years</td>
<td>Communication and leadership</td>
</tr>
<tr>
<td>Distinguished Toastmaster Award</td>
<td>2 to 4 years</td>
<td></td>
</tr>
</tbody>
</table>

For more information visit [www.toastmasters.org/education/distinguished-toastmaster](http://www.toastmasters.org/education/distinguished-toastmaster)
PATHWAYS

DYNAMIC LEADERSHIP

Click icon to expand another Path.

To view Project descriptions, click HERE.
DYNAMIC LEADERSHIP

This path helps you build your skills as a strategic leader. The projects on this path focus on understanding leadership and communication styles, the effect of conflict on a group and the skills needed to defuse and direct conflict. These projects also emphasize the development of strategies to facilitate change in an organization or group, interpersonal communication and public speaking. This path culminates in a project focused on applying your leadership skills.

LEVEL ONE: Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

LEVEL TWO: Learning Your Style
- Understanding Your Leadership Style
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

LEVEL THREE: Increasing Knowledge
- Negotiate the Best Outcome

LEVEL FOUR: Building Skills
- Manage Change

LEVEL FIVE: Demonstrating Expertise
- Lead in Any Situation
- Reflect on Your Path

View all 10 Paths
Click icon below to view details on any of the 10 Paths in PATHWAYS.

Dynamic Leadership  Effective Coaching  Innovative Planning  Leadership Development  Motivational Strategies  Persuasive Influence  Presentation Mastery  Strategic Relationships  Team Collaboration  Visionary Communication
Effective Body Language

Purpose: The purpose of this project is to deliver a speech with awareness of your intentional and unintentional body language, as well as to learn, practice, and refine how you use nonverbal communication when delivering a speech.

Overview: Prepare a 5- to 7-minute speech on a topic that lends itself to expression through your movement and gestures. Video record your presentation and get feedback from your mentor or another reviewer before speaking to your club. If you do not have access to a recording device, perform your speech in front of a mirror and make adjustments before your scheduled speech.

This project includes:
- A 5- to 7-minute speech
PATHWAYS

EFFECTIVE COACHING

Click icon to expand another Path.

Dynamic Leadership  Effective Coaching  Innovative Planning  Leadership Development  Motivational Strategies  Persuasive Influence  Presentation Mastery  Strategic Relationships  Team Collaboration  Visionary Communication

To view Project descriptions, click HERE.
EFFECTIVE COACHING

Helps you build your skills as a positive communicator and leader. The projects on this path focus on understanding and building consensus, contributing to the development of others by coaching and establishing strong public speaking skills. Each project emphasizes the importance of effective interpersonal communication. This path culminates in a “High Performance Leadership” project of your design.

LEVEL ONE: Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

LEVEL TWO: Learning Your Style
- Understanding Your Leadership Style
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

LEVEL THREE: Increasing Knowledge
- Reaching Consensus

LEVEL FOUR: Building Skills
- Improvement Through Positive Coaching
- ELECTIVES (choose 1)
  - Create a Podcast
  - Building a Social Media Presence
  - Managing a Difficult Audience
  - Write a Compelling Blog
  - Manage Online Meetings
  - Question-and-Answer Session
  - Public Relations Strategies
  - Manage Projects Successfully

LEVEL FIVE: Demonstrating Expertise
- High Performance Leadership
- Reflect on Your Path
- ELECTIVES (choose 1)
  - Lessons Learned
  - Moderate a Panel Discussion
  - Ethical Leadership
  - Leading in Your Volunteer Organization
  - Prepare to Speak Professionally

Building Skills
- Improvement Through Positive Coaching
  - Level 4 Elective Projects (choose 1)
    - Create a Podcast
    - Building a Social Media Presence
    - Managing a Difficult Audience
    - Write a Compelling Blog
    - Manage Online Meetings
    - Question-and-Answer Session
    - Public Relations Strategies
    - Manage Projects Successfully

Demonstrating Expertise
- High Performance Leadership
- Reflect on Your Path
  - Level 5 Elective Projects (choose 1)
    - Lessons Learned
    - Moderate a Panel Discussion
    - Ethical Leadership
    - Leading in Your Volunteer Organization
    - Prepare to Speak Professionally
Click icon below to view details on any of the 10 Paths in PATHWAYS.
ETHICAL LEADERSHIP

PROJECT DESCRIPTION

Ethical Leadership

This project addresses the importance of recognizing the effect of decisions that impact ethics, best practices for making ethical decisions and developing an ethical framework.

**Purpose:** The purpose of this project is to develop a clear understanding of your own ethical framework and create an opportunity for others to hear about and discuss ethics in your organization or community.

**Overview:** Define an ethical framework for yourself. To do this, you may need to complete personal research beyond the contents of this project. Then, organize and moderate a 20- to 40-minute panel discussion about ethics, followed by a question-and-answer session. If you have never facilitated a panel discussion, review the "Moderate a Panel Discussion" elective project.

**This project includes:**
- The Ethical Framework resource
- Organizing and moderating a panel discussion as well as a question-and-answer session

Return to Alphabetical Listing of Projects

View All 50 Project on One Page
You may be nervous to receive your first speech evaluation in your club. Don’t be—it’s through honest, fair evaluations that you truly learn and grow. Every speech you deliver will be evaluated by another Toastmaster, and you will eventually be asked to evaluate others’ speeches, which will help you to develop even more. Evaluations give you the feedback you need to advance your skills.

This page shows you how to use the evaluation resources included in the Pathways projects. You will learn valuable techniques for giving and receiving effective, constructive feedback in the “Evaluation and Feedback” project at Level 1.

THE IMPORTANCE OF THE TOASTMASTERS EVALUATION

Toastmasters International founder Ralph C. Smedley said, “No Toastmasters club is fulfilling its obligation to its members unless it brings them the maximum of training in the art of constructive criticism.” Evaluations help to boost your confidence and provide you a tangible direction for improvement. They are essential to your Toastmasters experience—they show you what you do well and what you might consider practicing more. Without constructive criticism from others, you may not grow as a communicator or leader.

You have likely already witnessed the benefit of evaluations in your club. A member speaks, receives verbal and written feedback from another Toastmaster, and then uses those comments to improve the next speech. The evaluator’s goal is to give the speaker constructive feedback that will help them improve.

The evaluator benefits from this experience, too. Many members believe serving as the evaluator is the most challenging meeting role to fulfill, which makes the benefits so rewarding. When you’re the
evaluator, you learn to listen more attentively, refine your critical thinking abilities and give feedback tactfully. You are tasked with considering many different factors, such as effective speech delivery techniques, the speaker’s skill level, habits and mannerisms, as well as their progress to date. It is your job to consider all of this while delivering an evaluation that is encouraging, thoughtful and motivating.

The evaluator gives an honest, constructive reaction to your efforts using the evaluation criteria provided within your project. Read on to understand the purpose of the criteria before you begin presenting speeches and evaluating others.

WHAT TO EXPECT

BEFORE THE MEETING

You will be assigned an evaluator once you have scheduled your first speech. Send this person the evaluation resource for your project assignment or ensure they can access it in advance of the club meeting. This way, the evaluator can get familiar with what they need to look and listen for during your presentation. Find your evaluation resource toward the end of your project or search for it on Base Camp.

The evaluation resource guides the evaluator’s job. Every speech in Pathways has a unique evaluation resource with notes and criteria specific to your assignment. This information helps the evaluator determine how well you achieved each competency or skill.

There are three pages:

Evaluation Form. Page 1 gives an overview of the assignment to help the evaluator understand what it is you’re trying to accomplish. The evaluator uses page 2 to score the skills you demonstrated in the speech.

Evaluation Criteria. Page 3 helps the evaluator determine your score for each competency. The evaluator will use this page side-by-side with the Evaluation Form to easily determine your scores.
Just as the evaluator should read the evaluation resource ahead of your speech, you should as well. Doing so ensures you know exactly what is expected of you during your speech.

Before the meeting begins, talk with your evaluator and make sure they have everything they need from you. If you want your evaluator to focus on specific skills during your speech, such as eye contact or vocal variety, communicate this before you give your speech.

**DURING THE MEETING**

At some point after you present your speech, your evaluator will stand up and give a verbal, two- to three-minute evaluation of your presentation. Listen carefully and take notes. You’ll want to reference this feedback when preparing your next speech.

At the end of the meeting, your evaluator will return your evaluation resource. Thank them for their feedback and comments. On the resource, you should see scores and notes indicating what you did well and what you may want to consider working on to improve your next speech.

**AFTER THE MEETING**

Spend time reviewing your evaluator’s scores and notes. Read any general comments your evaluator recorded on the first page of the Evaluation Form. Consider how these written notes and their verbal comments may help you better your next speech.

Review the scores and comments on the second page of the Evaluation Form. This is where the evaluator rated you on competencies specific to the speech you gave. To give an objective, honest evaluation, the evaluator used the Evaluation Criteria page to determine and select the score that best corresponds with your skill level on each competency.

Evaluation criteria are ranked on a scale of 5 to 1, with 5 being the highest score and 1 the lowest. The table below explains the different ratings.

<table>
<thead>
<tr>
<th>Score</th>
<th>Definition</th>
<th>Explanation</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Exemplary</td>
<td>You do an exemplary job accomplishing the competency</td>
</tr>
<tr>
<td>4</td>
<td>Excel</td>
<td>You excel at accomplishing the competency</td>
</tr>
<tr>
<td>3</td>
<td>Accomplished</td>
<td>You accomplish the competency</td>
</tr>
<tr>
<td>2</td>
<td>Emerging</td>
<td>Your ability to accomplish this competency is emerging</td>
</tr>
<tr>
<td>1</td>
<td>Developing</td>
<td>You are developing this competency</td>
</tr>
</tbody>
</table>
Although you will strive for the highest score possible, it’s important to know that a score of 3 is favorable—it means you accomplished that skill. The objective isn’t to achieve the high score. It is to learn and demonstrate the skill.

Your scores are just that—yours. You and your evaluator are the only people who see them. Use these scores to determine your strengths and areas in which you can improve. Your scores are important because they help to assess your skills, but keep in mind that a low score does not mean you can’t move on to the next project on your path. You are free to start the next project no matter which scores you achieve. However, if you receive low ratings on any particular project, you may wish to repeat the project to strengthen your skills before moving forward.

Each level in your path builds on the last level. The more confident you are in your scores and competencies, the more confident you will be in your ability to complete future, more difficult projects. Finally, as you read through your feedback and scores, it’s important to remember a few key points:

- Good evaluators always offer suggestions and areas for improvement. Never expect to receive an evaluation that is all praise.
- Evaluations are based on opinion. Though evaluators follow the guidelines established in the “Evaluation and Feedback” project at Level 1, comments are still subjective and you may not always agree with your evaluator.
- Many members believe effective evaluations are sometimes difficult to give and receive. This is why being the evaluator can be challenging. You will become a better evaluator by observing effective evaluations and by giving more evaluations at club meetings.

\[\text{Image: take_map} \]
PATHWAYS
EVALUATION AND FEEDBACK

PROJECT DESCRIPTION
Evaluation and Feedback

This project addresses the skills needed to give and receive feedback. You will learn about giving, receiving and applying feedback.

Purpose: The purpose of this project is to present a speech on any topic, receive feedback, and apply the feedback to a second speech.

Overview: Choose any topic for your first 5- to 7-minute speech. After your speech, carefully review your feedback. At a different club meeting, present a 5- to 7-minute speech in which you incorporate feedback from your first speech. You may choose to present the same speech again or a new speech. Your second speech should reflect some or all of the feedback from your first speech. Finally, after you have completed both speeches, serve as an evaluator at a club meeting and deliver constructive feedback about another member's presentation.

This project includes:
- A 5- to 7-minute speech
- Incorporating feedback from your first speech into a second 5- to 7-minute speech
- Serving as a speech evaluator
PROJECT DESCRIPTION
Focus on the Positive

This project addresses strategies for improving your personal interactions by understanding the impact of your attitudes and thoughts on daily interactions.

**Purpose:** The purpose of this project is to practice being aware of your thoughts and feelings, as well as the impact of your responses on others.

**Overview:** Keep a daily record of your moods and attitudes for a minimum of two weeks, noting when you feel positive or negative, your successes and efforts, and three things for which you are grateful. Record and evaluate any changes in your behavior or the behavior of those around you. At a club meeting, share some aspect of your experience. You may choose to schedule a 2-to 3-minute report or a 5-to 7-minute speech. After completing your speech, submit your signed Project Completion Form to your vice president education to indicate you completed the journal.

**This project includes:**
- Recording your daily moods and attitudes for a minimum of two weeks
- A 2-to 3-minute report or a 5-to 7-minute speech
- The Project Completion Form
This tutorial is meant to explain the Pathways program before you begin it. It is just my interpretation of Pathways. I have made it as accurate as possible - but I make no guarantees.

If you have a hardcopy in your possession - it's probably out of date. The website is constantly being critiqued by various Toastmasters. So the latest version is always found here.

This is the date it was last updated:  January 10, 2018

- The handout online consists of 4-11x17 pages, printed back and front, so there will be two 11x17 pages in the handout.
- Plus an insert, printed on both sides, 8.5x11
- So what you download looks like this:

  PAGE 1 (11X17)  
  PAGE 2 (11X17)
Printing Costs

In my part of the world (Baltimore), Staples and Office Depot charges about $6 per set (all
When done in color.

But if you go to a printer, not a copy center, you can do them for about $1 per set. A club, area or division might want to go together and get them all made at once.

I've added the pages here in three versions: .jpg, gif, and .pdf. Ask your printer to look at each or print a sample to see which works best. These were all done in a program called XARA, and so I cannot provide the originals.

Remember, check this website before printing - for the latest version. Please keep my name, email and phone number on the handouts, as people who get copies often want more information, a newer version, or have questions.

<table>
<thead>
<tr>
<th>JPEG</th>
<th>GIF</th>
<th>PDF</th>
</tr>
</thead>
<tbody>
<tr>
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<td>2</td>
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<tr>
<td>Insert-2</td>
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</tr>
</tbody>
</table>

Make your own business cards: view.
PROJECT DESCRIPTION
High Performance Leadership

The focus of this project is to design and complete a project with well-defined goals, lead a team and be accountable to a guidance committee.

**Purpose:** The purpose of this project is to apply your leadership and planning knowledge to develop a project plan, organize a guidance committee, and implement your plan with the help of a team.

**Overview:** Select a project to complete with a team of at least three other members. Form a guidance committee and meet at least five times through the duration of the project. Deliver a 5-to 7-minute speech at a club meeting to introduce your plan and vision. After you implement the plan, deliver a second 5- to 7-minute speech at a club meeting to share your experience developing and completing your plan.

This project includes:
- Selecting, leading, and completing a project with a team
- Forming and meeting with a guidance committee at least five times
- The Guidance Committee Introduction resource
- The Meeting Agenda resource
- The Project Plan Overview resource
- The Project Plan resource
- The Vision Plan resource
- The Event Planning Worksheet
- The 360° Evaluation resource
- Two 5- to 7-minute speeches
This foundational project is designed to introduce you to your club and the skills you need to begin your Toastmasters journey.

Purpose: The purpose of this project is to introduce yourself to the club and learn the basic structure of a public speech.

Overview: Write and deliver a speech about any topic to introduce yourself to the club. Your speech may be humorous, informational, or any other style that appeals to you.

This project includes:
- A 4- to 6-minute speech
LEVEL 1

Level 1: Mastering Fundamentals is required by all of the 10 Paths. This consists of 3 Required Projects - the Ice Breaker, Evaluation and Feedback, and Researching and Presenting. I've assigned Project Numbers for easy tracking.

<table>
<thead>
<tr>
<th>Level</th>
<th>Project Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEVEL 1</td>
<td>Mastering Fundamentals</td>
</tr>
</tbody>
</table>

Project 1: Ice Breaker

- Ice Breaker Overview
- Project Checklist
- Speech Outline Worksheet
- Evaluation Resource

Project 2: Evaluation and Feedback

- Overview
- Project Checklist
- Evaluation Resource – First Speech
- Evaluation Resource – Second Speech
- Evaluation Resource – Evaluator Speech
Project 3: Researching and Presenting

- Project 3 printout
- Project Checklist
- Research Worksheet
- Speech Outline Worksheet
- Evaluation Resource

Return to Levels Page
LEVEL 2: Learning Your Style. Develop an understanding of your personal styles and preferences. You’ll have the opportunity to identify your leadership or communication styles and preferences. You will also be introduced to the basic structure of the Pathways Mentor Program.
PATHWAYS

LEVEL 3

LEVELS

Level 3: Increasing Knowledge. Begin increasing your knowledge of skills specific to your path. You’ll complete one required project and at least two elective projects that address your goals and interests through a wide variety of topics.
PATHWAYS

LEVEL 4

LEVELS

Level 4: Building Skills. Build the skills you need to succeed on your path. You’ll have the opportunity to explore new challenges and begin applying what you have learned. You’ll complete one required project and at least one elective project.

THIS PAGE IS IN WORK
PATHWAYS

LEVEL 5

LEVELS

Level 5: Demonstrating Expertise. In this final level, demonstrate your expertise in the skills you have learned. You’ll have the opportunity to apply what you have learned at all levels to accomplish larger projects. You’ll complete one required project, at least one elective project and the “Reflect on Your Path” project to bring closure to your path. At the completion of this level you will become Proficient.

THIS PAGE IS IN WORK
Return to Levels Page
PATHWAYS

INNOVATIVE PLANNING

Click icon to expand another Path.

Dynamic Leadership  Effective Coaching  Innovative Planning  Leadership Development  Motivational Strategies  Persuasive Influence  Presentation Mastery  Strategic Relationships  Team Collaboration  Visionary Communication

To view Project descriptions, click HERE.
**INNOVATIVE PLANNING**

This path helps you build your skills as a public speaker and leader. The projects on this path focus on developing a strong connection with audience members when you present, speech writing and speech delivery. The projects contribute to building an understanding of the steps to manage a project, as well as creating innovative solutions. This path culminates in a "High Performance Leadership" project of your design.

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Click icon below to view details on any of the 10 Paths in PATHWAYS.

- Dynamic Leadership
- Effective Coaching
- Innovative Planning
- Leadership Development
- Motivational Strategies
- Persuasive Influence
- Presentation Mastery
- Strategic Relationships
- Team Collaboration
- Visionary Communication

Designed by Frank Storey, DTM :: District 18 :: Linthicum, MD :: 410.850.5728 :: fstorey1943@gmail.com
PROJECT DESCRIPTION

Improvement Through Positive Coaching

This project focuses on how your actions can positively affect others and how to nurture relationships and assist an individual in reaching a goal.

Purpose: The purpose of this project is to develop and apply skills for coaching a fellow member or a person outside of Toastmasters who can benefit from your expertise.

Overview: Outside of club meetings, coach an individual through a project. Speak with your vice president education to develop a plan for coaching a club member versus an individual outside of Toastmasters. After your coaching commitment, present a 5- to 7-minute speech at a club meeting about your experience as a coach. Your speech may be humorous, informational, or any style that appeals to you and is appropriate for your content.

This project includes:
- Coaching an individual through a project
- A 5- to 7-minute speech
Inspire Your Audience

This project addresses how to present a speech in an enthusiastic and inspiring fashion to establish a strong rapport with your audience.

**Purpose:** The purpose of this project is to practice writing and delivering a speech that inspires others.

**Overview:** Select a topic with the intent of inspiring your audience and prepare a 5- to 7-minute speech for your club.

**This project includes:**
- A 5- to 7-minute speech
This project introduces the value of mentorship and the Toastmasters view of mentors and protégés.

**Purpose:** The purpose of this project is to clearly define how Toastmasters envisions mentoring.

**Overview:** Write and present a 5- to 7-minute speech about a time when you were a protégé. Share the impact and importance of having a mentor. This speech is not a report on the content of this project.

*Note:* Every member in Toastmasters Pathways must complete this project.

**This project includes:**
- A 5- to 7-minute speech
PROJECT DESCRIPTION

Lead in Any Situation

This project focuses on leadership and recognizing the need to adapt your style based on the situation and the people you lead.

Purpose: The purpose of this project is to apply the skills needed to successfully lead in a volunteer or other organization.

Overview: For at least six months, take on a leadership role in Toastmasters (at any level), within another volunteer organization, or in your career. While serving in your role, ask your peers to complete a 360° evaluation. Present an 8- to 10-minute speech about your experience as a leader. Your speech may be humorous, informational, or any type that appeals to you. The speech is not a report on the content of this project, but a reflection of your experience and/or the impact of the 360° evaluation.

This project includes:
- Serving in a leadership for a minimum of six months
- A 360° evaluation
- An 8- to 10-minute speech
PATHWAYS

LEADERSHIP DEVELOPMENT

Click icon to expand another Path.

Dynamic Leadership  Effective Coaching  Innovative Planning  Leadership Development  Motivational Strategies  Persuasive Influence  Presentation Mastery  Strategic Relationships  Team Collaboration  Visionary Communication

To view Project descriptions, click HERE.
LEADERSHIP DEVELOPMENT

This path helps you build your skills as an effective communicator and leader. The projects on this path focus on learning how to manage time, as well as how to develop and implement a plan. Public speaking and leading a team are emphasized in all projects. This path culminates in the planning and execution of an event that will allow you to apply everything you learned.

LEVEL ONE: Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

LEVEL TWO: Learning Your Style
- Understanding Your Leadership Style
- Managing Time
- Introduction to Toastmasters Mentoring

LEVEL THREE: Increasing Knowledge
- Planning and Implementing
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understand Vocal Variety
- Effective Body Language
- Active Listening

LEVEL FOUR: Building Skills
- Leading Your Team
- ELECTIVES (choose 1)
  - Create a Podcast
  - Building a Social Media Presence
  - Managing a Difficult Audience
  - Write a Compelling Blog
  - Manage Online Meetings
  - Question-and-Answer Session
  - Public Relations Strategies
  - Manage Projects Successfully

LEVEL FIVE: Demonstrating Expertise
- Manage Successful Events
- Reflect on Your Path
- ELECTIVES (choose 1)
  - Lessons Learned
  - Moderate a Panel Discussion
  - Ethical Leadership
  - Leading in Your Volunteer Organization
  - Prepare to Speak Professionally
  - High Performance Leadership

Return to Previous Page

View all 10 Paths
Click icon below to view details on any of the 10 Paths in PATHWAYS.
This project focuses on the fundamentals of managing challenges, analyzing difficult situations and identifying best strategies for overcoming adversity.

**Purpose:** The purpose of this project is to practice strategies for adjusting to unexpected changes to a finalized plan.

**Overview:** Design and complete a project plan for any event or set of goals. Your plan may be real or hypothetical. Add as many details to your plan as possible for the best success of this project. In a 5- to 7-minute speech at a club meeting, share your plan. Distribute copies of the Plan Disruption Ideas resource to club members and allow them 2 to 3 minutes to discuss possible disruptions to your plan. Listen and present impromptu solutions to the disruptions introduced by club members. The total time to complete this assignment in a club meeting is 15 to 20 minutes.

**This project includes:**
- Designing a detailed project plan
- The Project Plan resource
- The Project Plan Overview resource
- The Plan Disruption Ideas resource
- A 5- to 7-minute speech to share your plan
- An impromptu speech to present solutions to disruptions
PATHWAYS
LEADING IN YOUR VOLUNTEER ORGANIZATION

PROJECT DESCRIPTION
Leading in Your Volunteer Organization

This project focuses on the skills required to lead in a volunteer organization and the importance of recognition and reward in motivating volunteers.

Purpose: The purpose of this project is to apply the skills needed to successfully lead in a volunteer organization.

Overview: Serve in a leadership role in Toastmasters or another volunteer organization for at least six months. You may complete this project based on your employment, but a volunteer organization is preferable. Ask members of the organization to complete a 360° evaluation of your leadership skills. Create a succession plan to aid in the transition after you leave your position of leadership. After your six-month term, deliver a 5- to 7-minute speech at a club meeting to reflect on your personal experience.

This project includes:
- Serving in a volunteer leadership role for a minimum of six months
- Conducting a 360° evaluation of your leadership skills
- Creating a succession plan
- The Succession Plan resource
- The 360° Evaluation resource
- A 5- to 7-minute speech

Return to Alphabetical Listing of Projects

View All 50 Project on One Page

Designed by Frank Storey, DTM - District 18 - Linthicum, MD - 410.850.5728 - fstorey1943@gmail.com
PROJECT DESCRIPTION
Leading Your Team

This project is designed to help you accomplish a task while leading a small group and give you the opportunity to practice basic skills of leadership.

**Purpose:** The purpose of this project is to lead a small team to the completion of a project.

**Overview:** Build a team of two to four people and lead your team to the completion of a project of your design. After you accomplish the project, present a 5- to 7-minute speech about you or your experience leading your team. Your speech may be humorous, informational, or any other format that appeals to you.

Your project can be any of the following (coordinate with your vice presidents marketing and public relations):
- A club-specific project, such as hosting an open house, organizing a speech contest, or coordinating a membership-building campaign.
- A non-Toastmasters specific project that helps the greater good, such as organizing volunteers for a charity, collecting food for community members in need, etc. (Keep in mind that you’re doing this as a private individual and not in the name of Toastmasters.)
- A work-related group or team project.

**This project Includes:**
- Building and leading a team to the completion of a project
- A 5- to 7-minute speech

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Return to Alphabetical Listing of Projects

View All 50 Project on One Page
**PROJECT DESCRIPTION**

Connect with Your Audience

This project focuses on different audience types and how to address them effectively.

**Purpose:** The purpose of this project is to practice the skills needed to connect with an unfamiliar audience.

**Overview:** Develop a 5- to 7-minute speech on a topic that is unfamiliar to the majority of your audience. Because you deliver this speech in your Toastmasters club, you are familiar with the audience members' preferences and personalities. Selecting a topic that is new or unfamiliar to your club members will allow you to practice adapting as you present. As you speak, monitor the audience's reaction to your topic and adapt as necessary to maintain engagement.

This project includes:

- A 5- to 7-minute speech

Return to Alphabetical Listing of Projects

View All 50 Project on One Page
LEVELS: Each Path is made up of five levels of increasing complexity. These 5 levels are represented by a special icon, which you will see on the website, in literature, and they will also show up as Digital Badges as you complete a level. The program is designed this way so you’re always building on what you learned in the previous level. All learning paths contain the following levels.

Every path has required and elective projects: 14 projects across all 5 levels—a combination of 10 required projects and 4 elective projects.

After you receive your assessment results, you can embark on the Path recommended to you or choose one of the other nine paths available. No matter which Path you choose, you will complete at least 14 educational projects and present a minimum of 15 prepared speeches. You will also serve in various meeting roles. Each Path is divided into five levels that build in complexity. The levels help you build on and apply what you have learned.
PROJECT DESCRIPTION
Make Connections Through Networking

This project focuses on how to network effectively and understanding the importance of being a professional ally to people in your network.

Purpose: The purpose of this project is to develop and practice a personal strategy for building connections through networking.

Overview: Prepare for and attend a networking event. After the event, present a 5- to 7-minute speech to your club. Your speech can include a story or stories about your experience, a description of what you learned, or a discussion on the benefits of networking. Your speech may be personal to you or informational about networking. If you attend a non-Toastmasters event, you must sign the Project Completion Form and give it to your vice president education.

This project includes:
- The Prepare to Network resource
- Attending a networking event
- The Project Completion Form
- A 5- to 7-minute speech

Return to Alphabetical Listing of Projects
View All 50 Project on One Page
PATHWAYS
MANAGE CHANGE

PROJECT DESCRIPTION
Manage Change

This project focuses on how to plan for change, develop a communication plan, and identify obstacles to success.

Purpose: The purpose of this project is to practice developing a change management plan.

Overview: Create a change management plan for a real or hypothetical situation. You may create a plan that is based on a past change or a future change that is happening in your personal, Toastmasters, or professional life. Share your change management plan with your club in a 5- to 7-minute speech. Your speech may be humorous, informational, or any other style that appeals to you. It is not a report on what you learned from the project, but an overview of your plan and how it will benefit you and the group the change affects.

This project includes:
- Creating a change management plan
- The Prepare for Change Worksheet
- The Write a Communication Plan resource
- A 5- to 7-minute speech

Return to Alphabetical Listing of Projects
View All 50 Project on One Page
This project addresses how to effectively conduct online meetings and webinars, prepare and organize necessary visual aids, and lead with confidence.

**Purpose:** The purpose of this project is to practice facilitating an online meeting or leading a webinar.

**Overview:** Conduct a 20- to 25-minute online meeting with fellow Toastmasters or a 20- to 25-minute webinar with visual aids for fellow Toastmasters. You determine the topic of your meeting or webinar. Research and use software that best fits your needs and geographic area. Invite your evaluator to participate in the online meeting or webinar. If you complete your assignment with non-Toastmasters, you must receive approval from the vice president education and invite your evaluator to attend.

**This project includes:**
- The Online Meeting Agenda resource
- The Online Meeting Basics resource
- Planning and conducting a 20- to 25-minute online meeting or webinar
This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.

**Purpose:** The purpose of this project is to practice developing a plan, building a team, and fulfilling the plan with the help of your team.

**Overview:** Form a team of three to four people and choose a project. Create a plan for your project and present the plan to your club in a 2- to 3-minute speech. Work with your team to complete your project. Present a 5- to 7-minute speech about your experience. This speech may be humorous, informational, or any type of speech that appeals to you. It should not be a report about the content of this project, but a reflection of your experience applying what you learned.

Note: When considering projects to complete, refer to future projects on your path. You may be able to use the assignment in this project to help you prepare for the completion of an upcoming project.

**This project includes:**
- Building a team
- Creating a project plan
- The Project Plan resource
- A 2- to 3-minute speech about your plan
- Completing the plan with your team
- A 5- to 7-minute speech about your experience

Return to Alphabetical Listing of Projects

View All 50 Project on One Page
PATHWAYS

MANAGE SUCCESSFUL EVENTS

PROJECT DESCRIPTION

Manage Successful Events

This project is designed to give you tools to coordinate an event. It includes steps for managing the unexpected, leading a team and creating positive outcomes.

Purpose: The purpose of this project is to practice planning, organizing, leading, and implementing an event.

Overview: Plan, coordinate, and complete an event of your choosing. Tools for planning all aspects of an event are included in this project. After you complete the event, present a 5- to 7-minute speech in your club. Share the impact of the planning process, your team, and the organization for which the event was held. Your speech may be humorous, informational, or any style that appeals to you. It is not a report on the content of this project.

This project includes:
- Planning, organizing, and implementing an event of your choosing
- The Event Planning Worksheet
- The Write a Communication Plan resource
- A 5- to 7-minute speech

Return to Alphabetical Listing of Projects

View All 50 Project on One Page
PROJECT DESCRIPTION
Managing a Difficult Audience

This project covers common behaviors of difficult audience members and how to address each behavior in a calm, effective and professional way.

Purpose: The purpose of this project is to practice the skills needed to address audience challenges when you present outside of your Toastmasters club.

Overview: Prepare a 5- to 7-minute speech on a topic of your choosing. You may write a new speech or use a speech you presented previously. You will be evaluated on the way you manage audience disruptions, not the content of your speech. Before your club meeting, send the Role Play Assignments resource to the Toastmaster and vice president education. As you present your speech, respond to different types of difficult audience members that disrupt you. The process of speaking and responding to audience members will take 12 to 15 minutes.
PATHWAYS
MANAGING TIME

34

PROJECT DESCRIPTION
Managing Time

This project is designed to help you manage your time, discover time management techniques, and employ them in your speeches and daily life.

Purpose: The purpose of this project is to observe your own time management patterns.

Overview: Develop a 5- to 7-minute speech on any topic. As you develop your speech, record the time required for each task in order to help you determine how you can improve your time management strategies. Present your speech at a club meeting. Finally, submit the Project Completion Form to your vice president education.

This project includes:
- The Time and Task Log
- The Project Completion Form
- A 5- to 7-minute speech

Return to Alphabetical Listing of Projects
View All 50 Project on One Page
The success of the club is determined by the members who speak and fulfill meeting roles as well as the club officers who make the meetings happen. View this page online (page 6).
**MEETING ROLES**

At club meetings you take on meeting roles. Each one adds value to your learning experience and helps you improve your communication and leadership skills. Below are brief descriptions of each to familiarize you with who does what at a meeting. If you are fulfilling a role at an upcoming meeting, read *A Toastmaster Wears Many Hats* (Item 1167DT) or visit [www.toastmasters.org/meetingroles](http://www.toastmasters.org/meetingroles) for more detailed information.

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<td>Each speaker prepares and presents a speech based on a project assignment from their learning path in Pathways.</td>
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<td><strong>Evaluator</strong></td>
<td>The evaluator observes a speaker's presentation and gives constructive comments in a brief evaluation speech. In addition to a verbal evaluation, the evaluator gives a written evaluation using a specific resource.</td>
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<td><strong>Timer</strong></td>
<td>The timer helps to keep the meeting on schedule and times each speech. When you're the timer, you will use a stopwatch, timing lights or other device provided by your club to keep track of time. At the end of the meeting, you share timing records with club members.</td>
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<tr>
<td><strong>Table Topicsmaster</strong></td>
<td>The Table Topicsmaster facilitates Table Topics—the meeting segment in which members deliver brief, impromptu speeches. The Table Topicsmaster prepares and introduces the topics and determines the speaking order.</td>
</tr>
<tr>
<td><strong>General Evaluator</strong></td>
<td>The General Evaluator evaluates everything that takes place and gives feedback to improve future meetings. When you serve as General Evaluator, you are responsible for pointing out what worked well and what could be better next time.</td>
</tr>
<tr>
<td><strong>Toastmaster</strong></td>
<td>The Toastmaster hosts and conducts the meeting. When you’re the Toastmaster, you introduce speakers and keep the meeting moving along. This role is generally reserved for experienced members who are familiar with the club and its procedures.</td>
</tr>
<tr>
<td><strong>Grammarian</strong></td>
<td>The grammarian introduces new words to members, listens to the way members speak and presents a verbal report at the end of the meeting. The grammarian provides feedback to help Toastmasters improve their language skills and stretch their vocabularies.</td>
</tr>
<tr>
<td><strong>Ah-Counter</strong></td>
<td>The Ah-Counter helps speakers keep track of the filler words and sounds they use and gives a report at the end of the meeting. Words may be inappropriate interjections such as <em>and, well, but, so, you know.</em> Sounds may be <em>ah, um, er.</em></td>
</tr>
</tbody>
</table>

**Optional meeting participants:** Your club may have other meeting participants, such as Joke Master, parliamentarian and Word Master. Ask your club officers if your club includes additional meeting participants and how to fulfill those roles.
This project focuses on facilitating a short-term mentoring assignment to help you build your skills as a mentor.

**Purpose:** The purpose of this project is to apply your mentoring skills to a short-term mentoring assignment.

**Overview:** Work with a protégé to complete a project. Your vice president education will help match you with a fellow Toastmaster who is interested in working with a mentor for a single project. Assist the protégé in setting goals and developing a plan for completing his or her project. Use the forms included in this project to set goals, plan, and give and receive feedback. After your mentorship, deliver a 5- to 7-minute speech at a club meeting about your first experience as a Toastmasters mentor and what you learned from it.

**This project includes:**
- Working with a protégé to complete a project
- The Protégé Success Plan resource
- The Mentoring Communication Tracking Log
- The Protégé Self-Assessment
- The Mentor Evaluation resource
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Moderate a Panel Discussion

This project addresses the skills needed to successfully moderate a panel discussion and how to be an effective participant on a panel.

Purpose: The purpose of this project is to apply your skills as a public speaker and leader to facilitate a panel discussion.

Overview: Plan and moderate a 20- to 40-minute panel discussion. The panel discussion can be on any topic and may take place at a club meeting or outside of Toastmasters with the approval of your vice president education. Toastmasters who participate as panelists do not receive credit in Toastmasters Pathways. When you have the opportunity, volunteer to act as a panelist for another member completing this project.

This project includes:
• Planning and moderating a 20- to 40-minute panel discussion
• The Panelist Basics resource
• The Project Completion Form
This project focuses on how people are motivated. It is designed to help you build your leadership skills by effectively motivating team members.

**Purpose:** The purpose of this project is to practice the skills needed to motivate team members through the completion of a project.

**Overview:** Build a team of three to four people to help you create and complete a project to benefit your club. Use the information in the project to develop motivational strategies for each team member. After the project, you may choose to ask team members and at least one club officer to complete a 360° evaluation to give you feedback on your communication and leadership. Deliver a 5- to 7-minute speech at a club meeting about your experience. Your speech is not a report on the content of this project.

**This project includes:**
- Building and motivating a team to complete a project that benefits your club
- The Team-Building Activities resource
- The 360° Evaluation resource
- A 5- to 7-minute speech
Click icon to expand another Path.

- Dynamic Leadership
- Effective Coaching
- Innovative Planning
- Leadership Development
- Motivational Strategies
- Persuasive Influence
- Presentation Mastery
- Strategic Relationships
- Team Collaboration
- Visionary Communication

To view Project descriptions, click HERE.
MOTIVATIONAL STRATEGIES

This path helps you build your skills as a powerful and effective communicator. The projects focus on learning strategies for building connections with the people around you, understanding motivation and successfully leading small groups to accomplish tasks. This path culminates in a comprehensive team-building project that brings all of your skills together—including public speaking.

LEVEL ONE: Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

LEVEL TWO: Learning Your Style
- Active Listening
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

LEVEL THREE: Increasing Knowledge
- Understanding Emotional Intelligence

LEVEL FOUR: Building Skills
- Motivate Others

LEVEL FIVE: Demonstrating Expertise
- Team Building
- Reflect on Your Path

Building Skills
- Motivate Others

Demonstrating Expertise
- Team Building
- Reflect on Your Path
Click icon below to view details on any of the 10 Paths in PATHWAYS.

- Dynamic Leadership
- Effective Coaching
- Innovative Planning
- Leadership Development
- Motivational Strategies
- Persuasive Influence
- Presentation Mastery
- Strategic Relationships
- Team Collaboration
- Visionary Communication

Designed by Frank Storey, DTM :: District 18 :: Linthicum, MD :: 410.850-5728 :: fstorey1943@gmail.com
The Navigator (a 22-page online booklet) is filled with essential information about the Toastmasters journey and the Toastmasters Pathways learning experience. Use it to help you begin your journey and support your progress. Whether you are just embarking on your journey or are a seasoned Toastmaster, The Navigator can answer your questions and guide you along the way.

View the Navigator (must log on) to guide you through each step of your journey. Refer to it to support your progress and to answer your questions along the way.

The Navigator is filled with essential information about the Toastmasters journey and the Toastmasters Pathways learning experience. Use it to help you begin your journey and support your progress. Whether you are just embarking on your journey or are a seasoned Toastmaster, The Navigator can answer your questions and guide you along the way.
**PROJECT DESCRIPTION**

**Negotiate the Best Outcome**

This project focuses on identifying negotiation styles, engaging in mutually beneficial discussions, and finding and building common ground.

**Purpose:** The purpose of this project is to learn about different types of negotiation and the strategies that can be used when negotiating.

**Overview:** Develop a 5- to 7-minute speech about a past or upcoming negotiation in your life. The negotiation must be one that you have participated in or will participate in. You may choose to reflect on the strategies you used or those that you believe would be the most beneficial in the future. Your speech can be persuasive, humorous, informational, or crafted in any style that appeals to you and supports your speech content.

This project includes:
- Analyzing a past or future negotiation in your life
- The Negotiation Goal Setting resource
- A 5- to 7-minute speech

*Return to Alphabetical Listing of Projects*

*View All 50 Project on One Page*
Click icon to expand another Path.

Dynamic Leadership  Effective Coaching  Innovative Planning  Leadership Development  Motivational Strategies  Persuasive Influence  Presentation Mastery  Strategic Relationships  Team Collaboration  Visionary Communication

To view Project descriptions, click HERE.
PERSUASIVE INFLUENCE

This path helps you build your skills as an innovative communicator and leader. The projects on this path focus on how to negotiate a positive outcome together with building strong interpersonal communication and public speaking skills. Each project emphasizes developing leadership skills to use in complex situations, as well as creating innovative solutions to challenges. This path culminates in a “High Performance Leadership” project of your design.

LEVEL ONE: Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

LEVEL TWO: Learning Your Style
- Understanding Your Leadership Style
- Active Listening
- Introduction to Toastmasters Mentoring

LEVEL THREE: Increasing Knowledge
- Understanding Conflict Resolution

LEVEL FOUR: Building Skills
- Leading in Difficult Situations

LEVEL FIVE: Demonstrating Expertise
- High Performance Leadership

Demonstrating Expertise LEVEL ★
- High Performance Leadership-18
- Reflect on Your Path-48

Building Skills LEVEL ★
- Leading in Difficult Situations-24
- Level 4 Elective Projects (choose 1)
  - Create a Podcast-07
  - Building a Social Media Presence-03
  - Managing a Difficult Audience-33
  - Write a Compelling Blog-59
  - Manage Online Meetings-30
  - Question-and-Answer Session-46
  - Public Relations Strategies-45
  - Manage Projects Successfully-31

Learning Your Style LEVEL ★
- Understanding Your Leadership Style-56
- Active Listening-01
- Introduction to Toastmasters Mentoring-22

Increasing Knowledge LEVEL ★☆
- Understanding Conflict Resolution-52
- Level 3 Elective Projects (choose 2)
  - Deliver Social Speeches-10
  - Using Presentation Software-58
  - Connect with Storytelling-05
  - Creating Effective Visual Aids-08
  - Using Descriptive Language-57
  - Connect with Your Audience-06
  - Make Connections Through Networking-28

Building Skills LEVEL ★☆
- Leading in Difficult Situations-24
- Level 4 Elective Projects (choose 1)
  - Create a Podcast-07
  - Building a Social Media Presence-03
  - Managing a Difficult Audience-33
  - Write a Compelling Blog-59
  - Manage Online Meetings-30
  - Question-and-Answer Session-46
  - Public Relations Strategies-45
  - Manage Projects Successfully-31

PERSUASIVE INFLUENCE

Helps you build your skills as an innovative communicator and leader. The projects on this path focus on how to negotiate a positive outcome together with building strong interpersonal communication and public speaking skills. Each project emphasizes developing leadership skills to use in complex situations, as well as creating innovative solutions to challenges. This path culminates in a “High Performance Leadership” project of your design.
Click icon below to view details on any of the 10 Paths in PATHWAYS.

- Dynamic Leadership
- Effective Coaching
- Innovative Planning
- Leadership Development
- Motivational Strategies
- Persuasive Influence
- Presentation Mastery
- Strategic Relationships
- Team Collaboration
- Visionary Communication
PATHWAYS

PRESENTATION MASTERY

Click icon to expand another Path.

To view Project descriptions, click HERE.
PRESENTATION MASTERY

This path helps you build your skills as an accomplished public speaker. The projects on this path focus on learning how an audience responds to you and improving your connection with audience members. The projects contribute to developing an understanding of effective public speaking technique, including speech writing and speech delivery. This path culminates in an extended speech that will allow you to apply what you learned.

LEVEL ONE: Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

LEVEL TWO: Learning Your Style
- Understanding Your Communication Style
- Effective Body Language
- Introduction to Toastmasters Mentoring

LEVEL THREE: Increasing Knowledge
- Persuasive Speaking
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Make Connections Through Networking
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Active Listening

LEVEL FOUR: Building Skills
- Managing a Difficult Audience
- Create a Podcast
- Building a Social Media Presence
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

LEVEL FIVE: Demonstrating Expertise
- Prepare to Speak Professionally
- Reflect on Your Path
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- Leading in Your Volunteer Organization
- High Performance Leadership
Click icon below to view details on any of the 10 Paths in PATHWAYS.
PATHWAYS

STRATEGIC RELATIONSHIPS

Click icon to expand another Path.

Dynamic Leadership  Effective Coaching  Innovative Planning  Leadership Development  Motivational Strategies  Persuasive Influence  Presentation Mastery  Strategic Relationships  Team Collaboration  Visionary Communication

To view Project descriptions, click HERE.
# STRATEGIC RELATIONSHIPS

This path helps you build your skills as a leader in communication. The projects on this path focus on understanding diversity, building personal and/or professional connections with a variety of people and developing a public relations strategy. Communicating well interpersonally and as a public speaker is emphasized in each project. The path culminates in a project to apply your skills as a leader in a volunteer organization.

## LEVEL ONE: Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

## LEVEL TWO: Learning Your Style
- Understanding Your Leadership Style
- Cross-Cultural Understanding
- Introduction to Toastmasters Mentoring

## LEVEL THREE: Increasing Knowledge
- Make Connections Through Networking

**ELECTIVES (choose 2)**
- Deliver Social Speeches
- Using Presentation Software
- Connect with Storytelling
- Creating Effective Visual Aids
- Using Descriptive Language
- Connect with Your Audience
- Focus on the Positive
- Inspire Your Audience
- Prepare for an Interview
- Understanding Vocal Variety
- Effective Body Language
- Active Listening

## LEVEL FOUR: Building Skills
- Public Relations Strategies

**ELECTIVES (choose 1)**
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Manage Projects Successfully

## LEVEL FIVE: Demonstrating Expertise
- Leading in Your Volunteer Organization
- Reflect on Your Path

**ELECTIVES (choose 1)**
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- Prepare to Speak Professionally
- High Performance Leadership

---

**Building Skills**
- Public Relations Strategies

**ELECTIVES (choose 1)**
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Manage Projects Successfully

**Demonstrating Expertise**
- Leading in Your Volunteer Organization
- Reflect on Your Path

**ELECTIVES (choose 1)**
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- Prepare to Speak Professionally
- High Performance Leadership
Click icon below to view details on any of the 10 Paths in PATHWAYS.
PATHWAYS
TEAM COLLABORATION

Click icon to expand another Path.

Dynamic Leadership  Effective Coaching  Innovative Planning  Leadership Development  Motivational Strategies  Persuasive Influence  Presentation Mastery  Strategic Relationships  Team Collaboration  Visionary Communication

To view Project descriptions, click HERE.
TEAM COLLABORATION

This path helps you build your skills as a collaborative leader. The projects on this path focus on active listening, motivating others and collaborating with a team. Each project contributes to building interpersonal communication and public speaking skills. This path culminates in a project focused on applying your leadership skills.

LEVEL ONE: Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

LEVEL TWO: Learning Your Style
- Understanding Your Leadership Style
- Active Listening
- Introduction to Toastmasters Mentoring

LEVEL THREE: Increasing Knowledge
- Successful Collaboration

LEVEL FOUR: Building Skills
- Motivate Others

LEVEL FIVE: Demonstrating Expertise
- Lead in Any Situation

TEAM COLLABORATION

Helps you build your skills as a collaborative leader.
Click icon below to view details on any of the 10 Paths in PATHWAYS.
PATHWAYS
VISIONARY COMMUNICATION

Click icon to expand another Path.

Dynamic Leadership  Effective Coaching  Innovative Planning  Leadership Development  Motivational Strategies  Persuasive Influence  Presentation Mastery  Strategic Relationships  Team Collaboration  Visionary Communication

To view Project descriptions, click HERE.
VISIONARY COMMUNICATION

This path helps you build your skills as a strategic communicator and leader. The projects on this path focus on developing your skills for sharing information with a group, planning communications and creating innovative solutions. Speech writing and speech delivery are emphasized in each project. This path culminates in the development and launch of a long-term personal or professional vision.

LEVEL ONE: Mastering Fundamentals
- Ice Breaker
- Evaluation and Feedback
- Researching and Presenting

LEVEL TWO: Learning Your Style
- Understanding Your Leadership Style
- Understanding Your Communication Style
- Introduction to Toastmasters Mentoring

LEVEL THREE: Increasing Knowledge
- Develop a Communication Plan

LEVEL FOUR: Building Skills
- Communicate Change

LEVEL FIVE: Demonstrating Expertise
- Develop Your Vision
- Reflect on Your Path

ELECTIVES (choose 1)
- Create a Podcast
- Building a Social Media Presence
- Managing a Difficult Audience
- Write a Compelling Blog
- Manage Online Meetings
- Question-and-Answer Session
- Public Relations Strategies
- Manage Projects Successfully

ELECTIVES (choose 1)
- Lessons Learned
- Moderate a Panel Discussion
- Ethical Leadership
- High Performance Leadership
- Leading in Your Volunteer Organization
- Prepare to Speak Professionally
View all 10 Paths

Click icon below to view details on any of the 10 Paths in PATHWAYS.
If we take the Dynamic Leadership Path shown above and expand it to show more detail, you get a much better picture of what is involved with this path. You now see all the projects, elective and required, for this path, as well as the 5 core competencies involved. The Required and Elective Projects for this Path are now shown. Each has been assigned a project number. To see all projects listed alphabetically and with their assigned project numbers, click here.
**Dynamic Leadership**
Helps you build your skills as a strategic leader

**Mastering Fundamentals**
- LEVEL ★
  - Ice Breaker-19
  - Evaluation and Researching and Presenting-49
  - Feedback-16

**Learning Your Style**
- LEVEL ★
  - Understanding Your Leadership Style-56
  - Understanding Your Communication Style-55
  - Introduction to Toastmasters Mentoring-22

**Increasing Knowledge**
- LEVEL ★
  - Negotiate the Best Outcome-38

**Level 3 Elective Projects** (choose 2)
- Deliver Social Speeches-10
- Using Presentation Software-58
- Connect with Storytelling-05
- Creating Effective Visual Aids-08
- Using Descriptive Language-57
- Connect with Your Audience-06
- Make Connections Through Networking-28
- Focus on the Positive-17
- Inspire Your Audience-21
- Prepare for an Interview-41
- Understanding Vocal Variety-54
- Effective Body Language-14
- Active Listening-01

**Building Skills**
- LEVEL ★
  - Manage Change-29

**Level 4 Elective Projects** (choose 1)
- Create a Podcast-07
- Building a Social Media Presence-03
- Managing a Difficult Audience-33
- Write a Compelling Blog-59
- Manage Online Meetings-30
- Question-and-Answer Session-46
- Public Relations Strategies-45
- Manage Projects Successfully-31

**Demonstrating Expertise**
- LEVEL ★
  - Lead in Any Situation-23
  - Reflect on Your Path-48

**Level 5 Elective Projects** (choose 1)
- Lessons Learned-27
- Moderate a Panel Discussion-36
- Ethical Leadership-15
- High Performance Leadership-18
- Leading in Your Volunteer Organization-25
- Prepare to Speak Professionally-43

---

View all 10 Paths with levels and projects (.pdf)

To view this type graphic for the first 5 Paths, [click here](#). To view Paths 6-10, [click here](#).
The Ten Paths in PATHWAYS

Dynamic Leadership
Effective Coaching
Innovative Planning
Leadership Development
Motivational Strategies
Persuasive Influence
Presentation Mastery
Strategic Relationships
Team Collaboration
Visionary Communication

Recognize the completion of the Dynamic Leadership path in the Pathways program with this handsome silver ribbon, custom printed in copper with the Toastmasters logo.

Item 494DL

Recognize the completion of the Effective Coaching path in the Pathways program with this handsome silver ribbon, custom printed in copper with the Toastmasters logo.

Item 494EC

Recognize the completion of the Innovative Planning path in the Pathways program with this handsome silver ribbon, custom printed in copper with the Toastmasters logo.

Item 494IP
Recognize the completion of the Leadership Development path in the Pathways program with this handsome silver ribbon, custom printed in copper with the Toastmasters logo.

![LEADERSHIP DEVELOPMENT PROFICIENT](image)

Recognize the completion of the Motivational Strategies path in the Pathways program with this handsome silver ribbon, custom printed in copper with the Toastmasters logo.

![MOTIVATIONAL STRATEGIES PROFICIENT](image)

Recognize the completion of the Persuasive Influence path in the Pathways program with this handsome silver ribbon, custom printed in copper with the Toastmasters logo.

![PERSUASIVE INFLUENCE PROFICIENT](image)

Recognize the completion of the Presentation Mastery path in the Pathways program with this handsome silver ribbon, custom printed in copper with the Toastmasters logo.

![PRESENTATION MASTERY PROFICIENT](image)

Recognize the completion of the Strategic Relationships path in the Pathways program with this handsome silver ribbon, custom printed in copper with the Toastmasters logo.

![STRATEGIC RELATIONSHIPS PROFICIENT](image)

Recognize the completion of the Team Collaboration path in the Pathways program with this handsome silver ribbon, custom printed in copper with the Toastmasters logo.

![TEAM COLLABORATION PROFICIENT](image)
Recognize the completion of the Visionary Communication path in the Pathways program with this handsome silver ribbon, custom printed in copper with the Toastmasters logo.

All Ribbons: Height: 2 inches | Width: 8 inches
Member Price: $0.60

View all Ribbons at TI
PROJECT DESCRIPTION

Prepare for an Interview

This project addresses the skills you need to identify and speak about personal strengths and present yourself well in an interview of any type.

**Purpose:** The purpose of this project is to practice the skills needed to present yourself well in an interview.

**Overview:** Determine which type of interview you would like to practice, such as a job or expert interview. Prepare by reviewing your skills and abilities. Complete the resources in the project and give them to your interviewer before your presentation. You determine which member of your club interviews you, but your interviewer must be someone other than your evaluator. In a 5- to 7-minute role-play presentation at a club meeting, practice answering interview questions to promote your skills, abilities, and experience.

**This project includes:**
- The Identifying Your Skills Worksheet
- The Interviewer Instructions resource
- A 5- to 7-minute role-play interview at a club meeting

Return to Alphabetical Listing of Projects

View All 50 Project on One Page
Prepare to Mentor

Purpose: The purpose of this project is to spend time learning about your goals, your interest in being a mentor, and your readiness to begin working with a protégé.

Overview: Complete the self-evaluation resources included in this project. When you are ready, have a discussion with your vice president education about being a Toastmasters mentor. Submit the Project Completion Form to your vice president education to verify that you completed all forms included in this project.

This project includes:
- The Mentor Self-Assessment resource
- Meeting with the vice president education to discuss your readiness to mentor
- There is no speech associated with this project.
Prepare to Speak Professionally

Purpose: The purpose of this project is to practice developing and presenting a longer speech.

Overview: Write and present an 18- to 22-minute keynote-style speech. Exemplify the point of view or message you would convey as a professional-level speaker. You may choose to use visual aids if they fit your speech and your style. Your speech may be humorous, informational, or any style that appeals to you and supports your speech content. If you receive advance approval from the vice president education, you may present your speech to a non-Toastmasters group.

This project includes:
- The Speech Outline Worksheet
- An 18- to 22-minute keynote-style speech
PATHWAYS

PRESENT A PROPOSAL

PROJECT DESCRIPTION

Present a Proposal

This project introduces how to select key information to present in a proposal to build a case with supporting evidence and realistic solutions.

Purpose: The purpose of this project is to practice developing and presenting a proposal.

Overview: Develop a proposal to improve any area of your life. It may involve your personal or professional life, or your Toastmasters club. If your proposal involves your club, speak with the appropriate officer. For example, if you have a proposal to increase club membership, discuss it with the vice president membership. In a 5- to 7-minute speech at a club meeting, present your entire proposal or aspects of it.

This project includes:

- Developing a proposal
- The Write a Proposal Resource
- A 5- to 7-minute speech

View All 50 Project on One Page

Return to Alphabetical Listing of Projects
The Distinguished Toastmaster (DTM) award represents the highest level of educational achievement in Toastmasters. The requirements to achieve the DTM will change slightly with Pathways.

Current Education Program

1. Earn the Competent Communicator (CC) award.

Pathways Learning Experience

1. Complete two learning paths.
2. Earn the Competent Leader (CL) award
3. Serve at least six months as a club officer
4. Serve a complete one-year term as a district officer.
5. Serve as a club sponsor, mentor or coach.
7. Earn your Advanced Communicator Gold or Advanced Toastmaster Gold award.
8. Earn your Advanced Leader Silver or Advanced Leader award.*

*Please refer to each award application for a complete list of requirements.

2. Serve as a club officer for 12 months. (If your club has six-month terms for officers, you can fulfill this requirement by serving as a club officer twice, but you don’t have to do it in consecutive terms.)
3. Serve a complete one-year term as a district officer.
4. Serve successfully as a club mentor or coach.
5. Serve successfully as a club sponsor or conduct a Speechcraft or Youth Leadership program.
6. Complete the DTM project. (Members are required to create and implement a project of their own design, in which they demonstrate the skills and expertise they have gained.)

New requirements for the DTM award are shown in the graphic below. For more details, click [www.toastmasters.org/education/distinguished-toastmaster](http://www.toastmasters.org/education/distinguished-toastmaster)
### The Distinguished Toastmaster in Pathways

The DTM award represents the highest level of educational achievement in Toastmasters.

<table>
<thead>
<tr>
<th>Pathways Component</th>
<th>Commitment</th>
<th>Skills Gained</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Club Leadership</strong></td>
<td>1 year (can be two 6-month consecutive or non-consecutive terms)</td>
<td>Leadership, opportunities for collaboration and decision making</td>
</tr>
<tr>
<td><strong>Youth Leadership or Speechcraft Workshop</strong></td>
<td>6 months to 2 years (depending on role)</td>
<td>Leadership, mentorship, training, collaboration with fellow contributors and participants, and providing effective feedback</td>
</tr>
<tr>
<td><strong>District Leadership</strong></td>
<td>1 year</td>
<td>High-level leadership, consistent opportunities for collaboration, project-driven environment and demonstrable decision-making responsibilities</td>
</tr>
<tr>
<td><strong>Club Sponsorship, Mentor or Coach</strong></td>
<td>6 months to 1 year</td>
<td>Leadership, mentoring individuals and a team, and collaboration</td>
</tr>
<tr>
<td><strong>Education</strong></td>
<td>2 to 4 years</td>
<td>Self-directed course of study, over 300 communication competencies, leadership opportunities, collaboration, cooperation, self-direction, and receiving and providing effective feedback</td>
</tr>
<tr>
<td><strong>Distinguished Toastmaster Award</strong></td>
<td>2 to 4 years</td>
<td>Communication and leadership</td>
</tr>
</tbody>
</table>

For more information visit [www.toastmasters.org/education/distinguished-toastmaster](http://www.toastmasters.org/education/distinguished-toastmaster)
39

PROJECT DESCRIPTION
Persuasive Speaking

This project focuses on helping you to develop and support a viewpoint, and identify the most appropriate type of persuasive speech for your topic.

Purpose: The purpose of this project is to understand the types of persuasive speeches and deliver a persuasive speech at a club meeting.

Overview: Choose any topic that lends itself to speaking persuasively and prepare a speech. Present your 5- to 7-minute speech at a club meeting. If your vice president education approves a non-club event or group, your evaluator must be present for your speech.

This project includes:
- The Persuasive Speech Outline Worksheet
- A 5- to 7-minute speech
PATHWAYS
PLANNING AND IMPLEMENTING

PROJECT DESCRIPTION
Planning and Implementing

This project is designed to help you develop realistic plans to meet your objectives and to successfully monitor a project to completion.

**Purpose:** The purpose of this project is to practice developing a plan and bringing that plan to fruition.

**Overview:** Select any small-scale project, such as a family party, a short trip, a themed Toastmasters meeting, or any other event or project that requires planning. Develop and implement the plan, with or without help from others. At a club meeting, deliver a 2- to 3-minute report or a 5- to 7-minute speech about your experience. Submit the Project Completion Form to your vice president education to confirm you completed all planning resources.

**This project includes:**
- Developing and implementing a plan for a small-scale project
- The Project Plan resource
- The Event Planning Worksheet
- The Project Completion Form
- A 2- to 3-minute report or 5- to 7-minute speech

Return to Alphabetical Listing of Projects
View All 50 Project on One Page
This project focuses on how to promote awareness of an organization, formulate a public relations strategy and use various public relations tactics.

**Purpose:** The purpose of this project is to practice the skills needed to effectively use public relations strategies for any group or situation.

**Overview:** Create a public relations plan for a real or hypothetical group or situation. If it involves your club, it must be hypothetical unless you communicate with the vice president public relations and club president. Share your plan in a 5- to 7-minute speech at a club meeting. This speech is not a report on the content of this project, but an example of how you will or might apply what you learned.

**This project includes:**
- Creating a public relations strategy
- A 5- to 7-minute speech

[Return to Alphabetical Listing of Projects]

[View All 50 Project on One Page]
PROJECT DESCRIPTION

Question-and-Answer Session

This project addresses how to prepare to answer questions and provide information clearly, concisely and with confidence.

**Purpose:** The purpose of this project is to learn about and practice facilitating a question-and-answer session.

**Overview:** Select a topic of which you are particularly knowledgeable. Prepare and deliver a speech on this topic, followed by a question-and-answer session. Together, the speech and question-and-answer session must be 15 to 20 minutes. Use your time effectively to ensure both segments are completed.

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View All 50 Project on One Page
This project focuses on reaching consensus and the importance of including all group members in the decision-making process.

**Purpose:** The purpose of this project is to work with a group to practice reaching consensus on any topic.

**Overview:** Apply the techniques described in the project to practice leading a group of people toward consensus at a club meeting in 20 minutes. Choose a topic that will offer you and your group a challenge, but avoid topics that you know are unlikely to reach consensus in the timeframe. (Note: It is ok if you cannot reach consensus in 20 minutes.) Then, give a 2- to 3-minute closing statement on the experience or the decision.

You may also choose to lead a non-Toastmasters group toward consensus. Apply the techniques described in the project. Choose a topic that will offer you and your group a challenge. At a club meeting, deliver a 5- to 7-minute speech about the experience. Your speech can be persuasive, humorous, informational, or crafted in any style that appeals to you and supports your speech content. Submit your signed Project Completion Form to the vice president education.

**This project includes:**
- Leading a non-Toastmasters group toward consensus
- A 5- to 7-minute speech
- The Project Completion Form

**Return to Alphabetical Listing of Projects**

**View All 50 Project on One Page**
Reflect on Your Path

This project is designed to give you an opportunity to share your experience at the end of your path.

**Purpose:** The purpose of this project is to reflect on your growth during the completion of an entire path.

**Overview:** At a club meeting, present a 10- to 12-minute speech to share your experience completing your path. Use this as an opportunity to reflect on how far you have come, summarize the skills you have learned and developed, and to celebrate your achievements. Your speech can be humorous, informational, or any style that appeals to you and supports your speech content.

**This project includes:**
- The Your Toastmasters Journey resource
- A 10- to 12-minute speech
Researching and Presenting

This project addresses topic selection strategies, suggestions for research and methods for producing a well-organized speech.

**Purpose:** The purpose of this project is to learn or review basic research methods and present a well-organized, well-researched speech on any topic.

**Overview:** Select a topic that you are not already familiar with or that you wish to learn more about. Be sure your topic is narrow enough to be an effective 5- to 7-minute speech. Research the topic and begin organizing the information, as described in this project. Practice your speech and continue to refine its organization. Present your speech at a club meeting.

**This project includes:**
- Researching a topic
- The Research Worksheet
- The Speech Outline Worksheet
- A 5- to 7-minute speech

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PROJECT DESCRIPTION

Successful Collaboration

The focus of this project is the benefit of collaboration, building an environment of trust, and encouraging creative debate within a group.

Purpose: The purpose of this project is to introduce or review strategies for working in a collaborative group.

Overview: Work with a small team and collaborate to make decisions. Your goal is to apply the collaboration strategies you learned to a small-scale project, such as planning a club meeting. Deliver a 5- to 7-minute speech at a club meeting about your experience with the collaboration process. Your speech is not a report on the content of this project. This speech is about you, your learning, and your perceptions of the experience.

This project includes:
- Working with a small team to make a collaborative decision for a small-scale event
- The Team-Building Activities resource
- A 5- to 7-minute speech

View All 50 Project on One Page
This project addresses the benefits of team building. It is designed to help you build a sense of collaboration and trust within a team completing a project.

**Purpose:** The purpose of this project is to practice the skills needed to build a cohesive team and host an event.

**Overview:** Build and work with a small team to design and host a team-building event, either in your Toastmasters club or another environment. Any non-Toastmasters event must be approved by your club's vice president education and attended by a member of your club leadership team. Before the event, deliver a 2- to 3-minute report at a club meeting to share your plans. After the event, deliver a 5- to 7-minute speech to your club. The content of the speech is up to you, but needs to be about your event, the impact of leading on you and your team, or the impact of building a team on you as a leader.

**This project includes:**
- Working with a small team to design and host a team-building event
- The Team-Building Activities resource
- The Team-Building Event Evaluation resource
- A 2- to 3-minute report
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Understanding Conflict Resolution

This project is designed to introduce conflict resolution strategies and provide an opportunity to resolve a conflict scenario within an interactive activity.

Purpose: The purpose of this project is to develop or enhance your understanding of the steps and strategies to address conflict.

Overview: Complete the conflict resolution video activity in the project. Prepare a 5- to 7-minute speech to discuss how you manage conflict, how you can develop a stronger strategy, and your best attributes in a conflict situation. You may also share the impact of the video activity. Your speech may be humorous, informational, or any style that appeals to you. This project is not a report on or a critique of the content of this project.

This project includes:
- A conflict resolution video activity
- A 5- to 7-minute speech

View All 50 Project on One Page
This project addresses elements of emotional intelligence. It is designed to help you understand your own emotions and the emotions of others.

Purpose: The purpose of this project is to cultivate an understanding of how your emotions impact your relationships. It is also designed to help you identify how others’ emotions impact your emotional state.

Overview: For a minimum of two weeks, keep a journal about your emotions and how they impact you and others. Discuss the impact of tracking your emotions in a 5- to 7-minute speech at a club meeting. (Note: You are not required to share the intimacies of your experience.) Finally, submit the signed Project Completion Form to your vice president education to indicate you completed your journal.

This project includes:
- A journal you maintain for a minimum of two weeks
- The Project Completion Form
- A 5- to 7-minute speech
Understanding Vocal Variety

This project addresses the importance of vocal variety when giving a speech and provides activities to develop and nurture its use.

**Purpose:** The purpose of this project is to practice using vocal variety to enhance a speech.

**Overview:** Learn or review the importance of vocal variety. Use the exercises in this project to improve your vocal variety skills. Then, present a 5- to 7-minute speech on any topic at a club meeting. The primary focus of the evaluation is your vocal variety.

**This project includes:**
- A 5- to 7-minute speech
This project focuses on recognizing your preferred communication style and understanding how your style impacts your interactions with others.

**Purpose:** The purpose of this project is to learn about different communication styles and identify your primary style.

**Overview:** Complete the Discover Your Communication Style questionnaire to help you identify your style. Deliver a 5- to 7-minute speech at a club meeting about your communication style and its impact on your professional and/or personal relationships. If you are uncomfortable discussing your communication style, you may speak about the communication styles you have encountered and how they impact you. Your speech should not be a report of the content of this project.

**This project includes:**
- The Discover Your Communication Style questionnaire
- A 5- to 7-minute speech
Understanding Your Leadership Style

This project is designed to introduce the different styles of leadership and help you identify your preferred style.

**Purpose:** The purpose of this project is to identify your primary leadership style or styles.

**Overview:** Complete the Discover Your Leadership Style questionnaire. Consider how your leadership style impacts the people around you and how you can adjust it to more effectively lead people with styles different from your own. Deliver a 5- to 7-minute speech at a club meeting to share some aspect of your leadership style or leadership styles in general. You may choose to discuss your style preferences when working with others, your style and how you can adapt it to situations, or leadership styles in general and how they impact a group.

**This project includes:**
- The Discover Your Leadership Style questionnaire
- A 5- to 7-minute speech

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PROJECT DESCRIPTION
Using Presentation Software

This project addresses the use of presentation software—from identifying topics that benefit from the use of technology to effective slide design and presentation.

Purpose: The purpose of this project is to introduce or review basic presentation software strategies for creating and using slides to support or enhance a speech.

Overview: Select a speech topic that lends well to a visual presentation using technology. Use the content of this project and your own research to help you develop your slides. Give a 5- to 7-minute speech using the slides you developed. Your speech can be humorous, demonstrative, or informational, and it may include stories or anecdotes.

This project includes:
- Developing presentation slides
- A 5- to 7-minute speech

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PROJECT DESCRIPTION
Write a Compelling Blog

This project addresses the basics of developing a compelling blog and successfully engaging a readership.

**Purpose:** The purpose of this project is to review or introduce the skills needed to write and maintain a blog.

**Overview:** Post a minimum of eight blog posts in one month. Your blog may be new or one you have already established. You must receive approval from the vice president education to blog on behalf of your club. Deliver a 2- to 3-minute speech at a club meeting about the impact of your blogging experience. You may choose to have your blog evaluated by members of the club. Submit your signed Project Completion Form to the vice president education to receive credit for this project.

**This project includes:**
- Maintaining a blog and posting at least eight times in one month
- The Blog Evaluation Form
- The Project Completion Form
- A 2- to 3-minute speech
Active Listening

This project covers the difference between hearing and listening, and steps for exploring the ways listening helps build strong, lasting connections.

**Purpose:** The purpose of this project is to demonstrate your ability to listen to what others say.

**Overview:** At a club meeting, fulfill the role of Topicsmaster. As Topicsmaster, comment on each speaker’s Table Topics® speech to demonstrate your active listening skills. For example, you might say, “Thank you. That was a compelling opinion on the benefits of gardening. I understand you feel strongly that everyone needs to spend some time doing something they love.”

**This project includes:**
- Serving as Topicsmaster at a club meeting
02

**PROJECT DESCRIPTION**

**Advanced Mentoring**

This project is designed to support you as you accomplish a six-month term as a mentor.

**Purpose:** The purpose of this project is to apply mentoring skills during a long-term mentoring commitment.

**Overview:** Fulfill the role of mentor for a fellow Toastmaster or other person for a period of six months. Communicate regularly with your protégé, record meeting dates and times, and give and receive feedback both verbally and in writing. At the end of your commitment, present a 5- to 7-minute speech to your club about what you gained as a mentor. This speech is about you and your experience.

**This project includes:**
- A six-month mentoring commitment
- The Mentor Communication Tracking Log
- The Mentor Evaluation
- The Protégé Success Plan
- The Monthly Goal Check resource
- A 5- to 7-minute speech

03

**PROJECT DESCRIPTION**

**Building a Social Media Presence**

This project addresses how best to use different types of online communication. You will create and maintain an online profile to promote yourself or an organization.

**Purpose:** The purpose of this project is to apply your understanding of social media to enhance an established or new social media presence.

**Overview:** Use this project and your own research to build a new social media presence or enhance an existing presence. You may focus on a personal goal (such as connecting with old friends or promoting a blog) or on a professional goal (such as promoting a business or organization). Use the tools you identify as best for you and your purpose. After you achieve your goal, deliver a 5- to 7-minute speech to your club about your results, experience, and the benefits of social media. Submit the Project Completion Form to your vice president education to receive credit for completing the project.

Note: With the vice president public relations’ approval, you may choose to create a social media presence for your Toastmasters club.

**This project includes:**
- Establishing or enhancing a social media presence
- The Project Completion Form
- A 5- to 7-minute speech
**PROJECT DESCRIPTION**

**Communicate Change**

This project focuses on creating a communication plan by gathering evidence to support the need for change and communicating change with your audience.

**Purpose:** The purpose of this project is to practice the skills needed to effectively communicate change to a group or organization.

**Overview:** Develop a plan for communicating a change to an audience affected by the change. At a club meeting, communicate the change in a 5- to 7-minute speech. You may speak about a real or hypothetical change that affects your club or another group in your life. This speech is not a report on the content of this project, but a speech about how you would or will communicate a real or hypothetical change.

**This project includes:**
- Developing a plan for communicating change
- A 5- to 7-minute speech

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**PROJECT DESCRIPTION**

**Connect with Storytelling**

This project addresses storytelling techniques and descriptive skills to help make every speech relatable and interesting.

**Purpose:** The purpose of this project is to practice using a story within a speech or giving a speech that is a story.

**Overview:** Choose an established story, a story about your life, or a fictional tale of your own creation. Deliver the 5- to 7-minute speech at a club meeting.

**This project includes:**
- A 5- to 7-minute speech
06

PROJECT DESCRIPTION
Connect with Your Audience

This project focuses on different audience types and how to address them effectively.

**Purpose:** The purpose of this project is to practice the skills needed to connect with an unfamiliar audience.

**Overview:** Develop a 5- to 7-minute speech on a topic that is unfamiliar to the majority of your audience. Because you deliver this speech in your Toastmasters club, you are familiar with the audience members' preferences and personalities. Selecting a topic that is new or unfamiliar to your club members will allow you to practice adapting as you present. As you speak, monitor the audience's reaction to your topic and adapt as necessary to maintain engagement.

**This project includes:**
- A 5- to 7-minute speech

07

PROJECT DESCRIPTION
Create a Podcast

This project addresses the skills you need to develop a podcast, create interesting content and organize a cohesive program. You will learn how to record and upload it to the internet.

**Purpose:** The purpose of this project is to introduce you to the skills needed to organize and present a podcast.

**Overview:** Use this project and your own research to create a podcast. Record a minimum of 60 minutes of content. You are free to divide the episodes as you choose. Each separate episode must be at least 10 minutes, but may be longer if it fits your topic and style. After you record all content, play a 5- to 10-minute segment in your club. Introduce the segment in a 2- to 3-minute speech.

**This project includes:**
- Recording 60 minutes of podcast content
- A 2- to 3-minute introduction speech
PROJECT DESCRIPTION
Creating Effective Visual Aids

This project addresses effective methods for choosing the best visual aid for your presentation along with the creation and use of each type.

**Purpose:** The purpose of this project is to practice selecting and using a variety of visual aids during a speech.

**Overview:** Choose a speech topic that lends itself well to using visual aids. Create at least one but no more than three visual aids to enhance your presentation. Deliver your 5- to 7-minute presentation at a club meeting.

**This project includes:**
- Creating one to three visual aids
- A 5- to 7-minute speech

PROJECT DESCRIPTION
Cross-Cultural Understanding

This project focuses on understanding the cultures with which you identify and the impact of stereotypes associated with your cultures and others.

**Purpose:** The purpose of this project is to identify your own cultural identities and the stereotypes that impact others’ perceptions of you.

**Overview:** Develop a 5- to 7-minute speech about the cultures with which you most closely identify and the personal impact of the stereotypes commonly associated with those cultures. You may need to spend some time researching the stereotypes believed about your cultures, especially if you are a member of the most dominant cultures in your geographic area. Be aware that all cultural identities have some sort of affiliated stereotype, even if it is obscure or uncommon.

**This project includes:**
- The Defining Your Cultural Identity resource
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Deliver Social Speeches

This project addresses the skills needed to compose a speech for a social occasion including a toast, eulogy, an acceptance speech and a speech praising an individual or group.

Purpose: The purpose of this project is to practice delivering social speeches in front of your club members.

Overview: Develop two different social speeches—each 3 to 4 minutes—and present them at two separate club meetings. You may choose any two types of social speeches that appeal to you or that you would like to practice.

This project includes:
- The Social Speech Basics resource
- Two 3- to 4-minute speeches

PROJECT DESCRIPTION
Develop a Communication Plan

This project focuses on how to formulate a central message and develop a communication plan for a target audience.

Purpose: The purpose of this project is to practice developing a communication plan.

Overview: Develop a communication plan for any event or situation. The plan may be for a real or hypothetical need. At a club meeting, present a 5- to 7-minute speech about your experience. You may choose to speak about the planning process, the benefits of developing a plan, or the impact of your plan if you implemented it. Show your vice president education your completed plan to receive credit for this project.

This project includes:
- Developing a communication plan
- The Write a Communication Plan resource
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Develop Your Vision

This project focuses on developing a vision for your work or personal life.

**Purpose:** The purpose of this project is to develop a detailed vision for your personal life, professional life, or an organization.

**Overview:** Develop a vision and present it at a club meeting in a 5- to 7-minute speech. Establish a timeline for implementing your plan using the resources included in this project. Deliver another 5- to 7-minute speech at a later meeting to present your plan to bring your vision to fruition. Submit your signed Project Completion Form to the vice president education to show you completed all resources included in the project.

**This project includes:**
- Developing a vision and establishing a plan to implement it
- The Idea Map Worksheet
- The Goal Setting Worksheet
- The Goal Task List
- The Vision Plan resource
- Two 5- to 7-minute speeches
- The Project Completion Form

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PROJECT DESCRIPTION
Distinguished Toastmaster

This project is designed to give you opportunity to design and fulfill a multifaceted project on your way to achieving your Distinguished Toastmaster award.

**Purpose:** The purpose of this project is to demonstrate your skills as a leader and a public speaker.

**Overview:** Plan and complete a project that benefits an organization. You may choose to revisit any previous Toastmasters Pathways project that contains information to help you complete your project. Develop a team and design a plan. Deliver a 5- to 7-minute speech at a club meeting to share your plan. Organize the project and lead your team to complete it. Ask members of your team, the organization, and a peer to complete a 360° evaluation of your leadership skills. Deliver an 8- to 10-minute speech at a club meeting to review your project, its outcomes, benefits, and the lessons you learned.

**This project includes:**
- Selecting, leading, and completing a project with a team
- The Ethical Framework resource
- The Goal Setting Worksheet
- The Goal Task List resource
- The Project Plan Overview resource
- The Project Plan resource
- The 360° Evaluation resource
- A 5- to 7-minute speech
- An 8- to 10-minute speech
Effective Body Language

This project focuses on how to recognize body language used when speaking publicly and how to use gestures to enhance speech content.

**Purpose:** The purpose of this project is to deliver a speech with awareness of your intentional and unintentional body language, as well as to learn, practice, and refine how you use nonverbal communication when delivering a speech.

**Overview:** Prepare a 5- to 7-minute speech on a topic that lends itself to expression through your movement and gestures. Video record your presentation and get feedback from your mentor or another reviewer before speaking to your club. If you do not have access to a recording device, perform your speech in front of a mirror and make adjustments before your scheduled speech.

**This project includes:**
- A 5- to 7-minute speech

Ethical Leadership

This project addresses the importance of recognizing the effect of decisions that impact ethics, best practices for making ethical decisions and developing an ethical framework.

**Purpose:** The purpose of this project is to develop a clear understanding of your own ethical framework and create an opportunity for others to hear about and discuss ethics in your organization or community.

**Overview:** Define an ethical framework for yourself. To do this, you may need to complete personal research beyond the contents of this project. Then, organize and moderate a 20- to 40-minute panel discussion about ethics, followed by a question-and-answer session. If you have never facilitated a panel discussion, review the "Moderate a Panel Discussion" elective project.

**This project includes:**
- The Ethical Framework resource
- Organizing and moderating a panel discussion as well as a question-and-answer session
PROJECT DESCRIPTION
Evaluation and Feedback

This project addresses the skills needed to give and receive feedback. You will learn about giving, receiving and applying feedback.

**Purpose:** The purpose of this project is to present a speech on any topic, receive feedback, and apply the feedback to a second speech.

**Overview:** Choose any topic for your first 5- to 7-minute speech. After your speech, carefully review your feedback. At a different club meeting, present a 5- to 7-minute speech in which you incorporate feedback from your first speech. You may choose to present the same speech again or a new speech. Your second speech should reflect some or all of the feedback from your first speech. Finally, after you have completed both speeches, serve as an evaluator at a club meeting and deliver constructive feedback about another member’s presentation.

**This project includes:**
- A 5- to 7-minute speech
- Incorporating feedback from your first speech into a second 5- to 7-minute speech
- Serving as a speech evaluator

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PROJECT DESCRIPTION
Focus on the Positive

This project addresses strategies for improving your personal interactions by understanding the impact of your attitudes and thoughts on daily interactions.

**Purpose:** The purpose of this project is to practice being aware of your thoughts and feelings, as well as the impact of your responses on others.

**Overview:** Keep a daily record of your moods and attitudes for a minimum of two weeks, noting when you feel positive or negative, your successes and efforts, and three things for which you are grateful. Record and evaluate any changes in your behavior or the behavior of those around you. At a club meeting, share some aspect of your experience. You may choose to schedule a 2-to 3-minute report or a 5-to 7-minute speech. After completing your speech, submit your signed Project Completion Form to your vice president education to indicate you completed the journal.

**This project includes:**
- Recording your daily moods and attitudes for a minimum of two weeks
- A 2- to 3-minute report or a 5- to 7-minute speech
- The Project Completion Form
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PROJECT DESCRIPTION
High Performance Leadership

The focus of this project is to design and complete a project with well-defined goals, lead a team and be accountable to a guidance committee.

**Purpose:** The purpose of this project is to apply your leadership and planning knowledge to develop a project plan, organize a guidance committee, and implement your plan with the help of a team.

**Overview:** Select a project to complete with a team of at least three other members. Form a guidance committee and meet at least five times through the duration of the project. Deliver a 5-to 7-minute speech at a club meeting to introduce your plan and vision. After you implement the plan, deliver a second 5- to 7-minute speech at a club meeting to share your experience developing and completing your plan.

This project includes:
- Selecting, leading, and completing a project with a team
- Forming and meeting with a guidance committee at least five times
- The Guidance Committee Introduction resource
- The Meeting Agenda resource
- The Project Plan Overview resource
- The Project Plan resource
- The Vision Plan resource
- The Event Planning Worksheet
- The 360° Evaluation resource
- Two 5- to 7-minute speeches

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PROJECT DESCRIPTION
Ice Breaker

This foundational project is designed to introduce you to your club and the skills you need to begin your Toastmasters journey.

**Purpose:** The purpose of this project is to introduce yourself to the club and learn the basic structure of a public speech.

**Overview:** Write and deliver a speech about any topic to introduce yourself to the club. Your speech may be humorous, informational, or any other style that appeals to you.

This project includes:
- A 4- to 6-minute speech
**PROJECT DESCRIPTION**

**Improvement Through Positive Coaching**

This project focuses on how your actions can positively affect others and how to nurture relationships and assist an individual in reaching a goal.

**Purpose:** The purpose of this project is to develop and apply skills for coaching a fellow member or a person outside of Toastmasters who can benefit from your expertise.

**Overview:** Outside of club meetings, coach an individual through a project. Speak with your vice president education to develop a plan for coaching a club member versus an individual outside of Toastmasters. After your coaching commitment, present a 5- to 7-minute speech at a club meeting about your experience as a coach. Your speech may be humorous, informational, or any style that appeals to you and is appropriate for your content.

**This project includes:**
- Coaching an individual through a project
- A 5- to 7-minute speech

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**PROJECT DESCRIPTION**

**Inspire Your Audience**

This project addresses how to present a speech in an enthusiastic and inspiring fashion to establish a strong rapport with your audience.

**Purpose:** The purpose of this project is to practice writing and delivering a speech that inspires others.

**Overview:** Select a topic with the intent of inspiring your audience and prepare a 5- to 7-minute speech for your club.

**This project includes:**
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Introduction to Toastmasters Mentoring

This project introduces the value of mentorship and the Toastmasters view of mentors and protégés.

**Purpose:** The purpose of this project is to clearly define how Toastmasters envisions mentoring.

**Overview:** Write and present a 5- to 7-minute speech about a time when you were a protégé. Share the impact and importance of having a mentor. This speech is not a report on the content of this project.

*Note: Every member in Toastmasters Pathways must complete this project.*

This project includes:
- A 5- to 7-minute speech

PROJECT DESCRIPTION
Lead in Any Situation

This project focuses on leadership and recognizing the need to adapt your style based on the situation and the people you lead.

**Purpose:** The purpose of this project is to apply the skills needed to successfully lead in a volunteer or other organization.

**Overview:** For at least six months, take on a leadership role in Toastmasters (at any level), within another volunteer organization, or in your career. While serving in your role, ask your peers to complete a 360° evaluation. Present an 8- to 10-minute speech about your experience as a leader. Your speech may be humorous, informational, or any type that appeals to you. The speech is not a report on the content of this project, but a reflection of your experience and/or the impact of the 360° evaluation.

This project includes:
- Serving in a leadership for a minimum of six months
- A 360° evaluation
- An 8- to 10-minute speech
PROJECT DESCRIPTION
Leading in Difficult Situations

This project focuses on the fundamentals of managing challenges, analyzing difficult situations and identifying best strategies for overcoming adversity.

Purpose: The purpose of this project is to practice strategies for adjusting to unexpected changes to a finalized plan.

Overview: Design and complete a project plan for any event or set of goals. Your plan may be real or hypothetical. Add as many details to your plan as possible for the best success of this project. In a 5- to 7-minute speech at a club meeting, share your plan. Distribute copies of the Plan Disruption Ideas resource to club members and allow them 2 to 3 minutes to discuss possible disruptions to your plan. Listen and present impromptu solutions to the disruptions introduced by club members. The total time to complete this assignment in a club meeting is 15 to 20 minutes.

This project includes:
- Designing a detailed project plan
- The Project Plan resource
- The Project Plan Overview resource
- The Plan Disruption Ideas resource
- A 5- to 7-minute speech to share your plan
- An impromptu speech to present solutions to disruptions

PROJECT DESCRIPTION
Leading in Your Volunteer Organization

This project focuses on the skills required to lead in a volunteer organization and the importance of recognition and reward in motivating volunteers.

Purpose: The purpose of this project is to apply the skills needed to successfully lead in a volunteer organization.

Overview: Serve in a leadership role in Toastmasters or another volunteer organization for at least six months. You may complete this project based on your employment, but a volunteer organization is preferable. Ask members of the organization to complete a 360° evaluation of your leadership skills. Create a succession plan to aid in the transition after you leave your position of leadership. After your six-month term, deliver a 5- to 7-minute speech at a club meeting to reflect on your personal experience.

This project includes:
- Serving in a volunteer leadership role for a minimum of six months
- Conducting a 360° evaluation of your leadership skills
- Creating a succession plan
- The Succession Plan resource
- The 360° Evaluation resource
- A 5- to 7-minute speech
PROJECT DESCRIPTION

Leading Your Team

This project is designed to help you accomplish a task while leading a small group and give you the opportunity to practice basic skills of leadership.

Purpose: The purpose of this project is to lead a small team to the completion of a project.

Overview: Build a team of two to four people and lead your team to the completion of a project of your design. After you accomplish the project, present a 5- to 7-minute speech about you or your experience leading your team. Your speech may be humorous, informational, or any other format that appeals to you.

Your project can be any of the following (coordinate with your vice presidents marketing and public relations):

- A club-specific project, such as hosting an open house, organizing a speech contest, or coordinating a membership-building campaign.
- A non-Toastmasters specific project that helps the greater good, such as organizing volunteers for a charity, collecting food for community members in need, etc. (Keep in mind that you’re doing this as a private individual and not in the name of Toastmasters.)
- A work-related group or team project.

This project includes:

- Building and leading a team to the completion of a project
- A 5- to 7-minute speech

PROJECT DESCRIPTION

Lessons Learned

This project addresses how to identify the discussion points of a large group meeting, encourage a culture of contribution and voicing opinions, and facilitate productive discussion that yields results.

Purpose: The purpose of this project is to learn about and apply the skills needed to run a lessons learned meeting during a project or after its completion.

Overview: Facilitate a lessons learned meeting for a team with which you are completing or have completed a project. This meeting is separate from your regular Toastmasters meeting. Organize and facilitate a discussion. Record the results into a document you and your team members can use to facilitate the current project or future projects. If you haven’t already, give team members an opportunity to complete a 360° evaluation of you as a team leader. (Use the 360° Evaluation resource.) Finally, present a 5- to 7-minute speech in your club about the lessons learned meeting or your leadership experience.

This project includes:

- Facilitating a lessons learned meeting
- Documenting the results of the lessons learned meeting
- The 360° Evaluation resource
- The Lessons Learned Response Log
- The Metrics Log
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Make Connections Through Networking

This project focuses on how to network effectively and understanding the importance of being a professional ally to people in your network.

Purpose: The purpose of this project is to develop and practice a personal strategy for building connections through networking.

Overview: Prepare for and attend a networking event. After the event, present a 5- to 7-minute speech to your club. Your speech can include a story or stories about your experience, a description of what you learned, or a discussion on the benefits of networking. Your speech may be personal to you or informational about networking. If you attend a non-Toastmasters event, you must sign the Project Completion Form and give it to your vice president education.

This project includes:
- The Prepare to Network resource
- Attending a networking event
- The Project Completion Form
- A 5- to 7-minute speech

PROJECT DESCRIPTION
Manage Change

This project focuses on how to plan for change, develop a communication plan, and identify obstacles to success.

Purpose: The purpose of this project is to practice developing a change management plan.

Overview: Create a change management plan for a real or hypothetical situation. You may create a plan that is based on a past change or a future change that is happening in your personal, Toastmasters, or professional life. Share your change management plan with your club in a 5- to 7-minute speech. Your speech may be humorous, informational, or any other style that appeals to you. It is not a report on what you learned from the project, but an overview of your plan and how it will benefit you and the group the change affects.

This project includes:
- Creating a change management plan
- The Prepare for Change Worksheet
- The Write a Communication Plan resource
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Manage Online Meetings

This project addresses how to effectively conduct online meetings and webinars, prepare and organize necessary visual aids, and lead with confidence.

Purpose: The purpose of this project is to practice facilitating an online meeting or leading a webinar.

Overview: Conduct a 20- to 25-minute online meeting with fellow Toastmasters or a 20- to 25-minute webinar with visual aids for fellow Toastmasters. You determine the topic of your meeting or webinar. Research and use software that best fits your needs and geographic area. Invite your evaluator to participate in the online meeting or webinar. If you complete your assignment with non-Toastmasters, you must receive approval from the vice president education and invite your evaluator to attend.

This project includes:
- The Online Meeting Agenda resource
- The Online Meeting Basics resource
- Planning and conducting a 20- to 25-minute online meeting or webinar

PROJECT DESCRIPTION
Manage Projects Successfully

This project focuses on skills needed to effectively manage a project, develop rapport with stakeholders and cultivate strong relationships with a team.

Purpose: The purpose of this project is to practice developing a plan, building a team, and fulfilling the plan with the help of your team.

Overview: Form a team of three to four people and choose a project. Create a plan for your project and present the plan to your club in a 2- to 3-minute speech. Work with your team to complete your project. Present a 5- to 7-minute speech about your experience. This speech may be humorous, informational, or any type of speech that appeals to you. It should not be a report about the content of this project, but a reflection of your experience applying what you learned.

Note: When considering projects to complete, refer to future projects on your path. You may be able to use the assignment in this project to help you prepare for the completion of an upcoming project.

This project includes:
- Building a team
- Creating a project plan
- The Project Plan resource
- A 2- to 3-minute speech about your plan
- Completing the plan with your team
- A 5- to 7-minute speech about your experience
This project is designed to give you tools to coordinate an event. It includes steps for managing the unexpected, leading a team and creating positive outcomes.

**Purpose:** The purpose of this project is to practice planning, organizing, leading, and implementing an event.

**Overview:** Plan, coordinate, and complete an event of your choosing. Tools for planning all aspects of an event are included in this project. After you complete the event, present a 5- to 7-minute speech in your club. Share the impact of the planning process, your team, and the organization for which the event was held. Your speech may be humorous, informational, or any style that appeals to you. It is not a report on the content of this project.

This project includes:
- Planning, organizing, and implementing an event of your choosing
- The Event Planning Worksheet
- The Write a Communication Plan resource
- A 5- to 7-minute speech

This project covers common behaviors of difficult audience members and how to address each behavior in a calm, effective and professional way.

**Purpose:** The purpose of this project is to practice the skills needed to address audience challenges when you present outside of your Toastmasters club.

**Overview:** Prepare a 5- to 7-minute speech on a topic of your choosing. You may write a new speech or use a speech you presented previously. You will be evaluated on the way you manage audience disruptions, not the content of your speech. Before your club meeting, send the Role Play Assignments resource to the Toastmaster and vice president education. As you present your speech, respond to different types of difficult audience members that disrupt you. The process of speaking and responding to audience members will take 12 to 15 minutes.
PROJECT DESCRIPTION
Managing Time

This project is designed to help you manage your time, discover time management techniques, and employ them in your speeches and daily life.

Purpose: The purpose of this project is to observe your own time management patterns.

Overview: Develop a 5- to 7-minute speech on any topic. As you develop your speech, record the time required for each task in order to help you determine how you can improve your time management strategies. Present your speech at a club meeting. Finally, submit the Project Completion Form to your vice president education.

This project includes:
- The Time and Task Log
- The Project Completion Form
- A 5- to 7-minute speech

PROJECT DESCRIPTION
Mentoring

This project focuses on facilitating a short-term mentoring assignment to help you build your skills as a mentor.

Purpose: The purpose of this project is to apply your mentoring skills to a short-term mentoring assignment.

Overview: Work with a protégé to complete a project. Your vice president education will help match you with a fellow Toastmaster who is interested in working with a mentor for a single project. Assist the protégé in setting goals and developing a plan for completing his or her project. Use the forms included in this project to set goals, plan, and give and receive feedback. After your mentorship, deliver a 5- to 7-minute speech at a club meeting about your first experience as a Toastmasters mentor and what you learned from it.

This project includes:
- Working with a protégé to complete a project
- The Protégé Success Plan resource
- The Mentoring Communication Tracking Log
- The Protégé Self-Assessment
- The Mentor Evaluation resource
- A 5- to 7-minute speech
**PROJECT DESCRIPTION**

**Moderate a Panel Discussion**

This project addresses the skills needed to successfully moderate a panel discussion and how to be an effective participant on a panel.

**Purpose:** The purpose of this project is to apply your skills as a public speaker and leader to facilitate a panel discussion.

**Overview:** Plan and moderate a 20- to 40-minute panel discussion. The panel discussion can be on any topic and may take place at a club meeting or outside of Toastmasters with the approval of your vice president education. Toastmasters who participate as panelists do not receive credit in Toastmasters Pathways. When you have the opportunity, volunteer to act as a panelist for another member completing this project.

**This project includes:**
- Planning and moderating a 20- to 40-minute panel discussion
- The Panelist Basics resource
- The Project Completion Form

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**PROJECT DESCRIPTION**

**Motivate Others**

This project focuses on how people are motivated. It is designed to help you build your leadership skills by effectively motivating team members.

**Purpose:** The purpose of this project is to practice the skills needed to motivate team members through the completion of a project.

**Overview:** Build a team of three to four people to help you create and complete a project to benefit your club. Use the information in the project to develop motivational strategies for each team member. After the project, you may choose to ask team members and at least one club officer to complete a 360° evaluation to give you feedback on your communication and leadership. Deliver a 5- to 7-minute speech at a club meeting about your experience. Your speech is not a report on the content of this project.

**This project includes:**
- Building and motivating a team to complete a project that benefits your club
- The Team-Building Activities resource
- The 360° Evaluation resource
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Negotiate the Best Outcome

This project focuses on identifying negotiation styles, engaging in mutually beneficial discussions, and finding and building common ground.

Purpose: The purpose of this project is to learn about different types of negotiation and the strategies that can be used when negotiating.

Overview: Develop a 5- to 7-minute speech about a past or upcoming negotiation in your life. The negotiation must be one that you have participated in or will participate in. You may choose to reflect on the strategies you used or those that you believe would be the most beneficial in the future. Your speech can be persuasive, humorous, informational, or crafted in any style that appeals to you and supports your speech content.

This project includes:
- Analyzing a past or future negotiation in your life
- The Negotiation Goal Setting resource
- A 5- to 7-minute speech

PROJECT DESCRIPTION
Persuasive Speaking

This project focuses on helping you to develop and support a viewpoint, and identify the most appropriate type of persuasive speech for your topic.

Purpose: The purpose of this project is to understand the types of persuasive speeches and deliver a persuasive speech at a club meeting.

Overview: Choose any topic that lends itself to speaking persuasively and prepare a speech. Present your 5- to 7-minute speech at a club meeting. If your vice president education approves a non-club event or group, your evaluator must be present for your speech.

This project includes:
- The Persuasive Speech Outline Worksheet
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Planning and Implementing

This project is designed to help you develop realistic plans to meet your objectives and to successfully monitor a project to completion.

**Purpose:** The purpose of this project is to practice developing a plan and bringing that plan to fruition.

**Overview:** Select any small-scale project, such as a family party, a short trip, a themed Toastmasters meeting, or any other event or project that requires planning. Develop and implement the plan, with or without help from others. At a club meeting, deliver a 2- to 3-minute report or a 5- to 7-minute speech about your experience. Submit the Project Completion Form to your vice president education to confirm you completed all planning resources.

**This project includes:**
- Developing and implementing a plan for a small-scale project
- The Project Plan resource
- The Event Planning Worksheet
- The Project Completion Form
- A 2- to 3-minute report or 5- to 7-minute speech

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PROJECT DESCRIPTION
Prepare for an Interview

This project addresses the skills you need to identify and speak about personal strengths and present yourself well in an interview of any type.

**Purpose:** The purpose of this project is to practice the skills needed to present yourself well in an interview.

**Overview:** Determine which type of interview you would like to practice, such as a job or expert interview. Prepare by reviewing your skills and abilities. Complete the resources in the project and give them to your interviewer before your presentation. You determine which member of your club interviews you, but your interviewer must be someone other than your evaluator. In a 5- to 7-minute role-play presentation at a club meeting, practice answering interview questions to promote your skills, abilities, and experience.

**This project includes:**
- The Identifying Your Skills Worksheet
- The Interviewer Instructions resource
- A 5- to 7-minute role-play interview at a club meeting
PROJECT DESCRIPTION
Prepare to Mentor

This project focuses on helping you clarify your personal goals and interests as they relate to mentoring others.

Purpose: The purpose of this project is to spend time learning about your goals, your interest in being a mentor, and your readiness to begin working with a protégé.

Overview: Complete the self-evaluation resources included in this project. When you are ready, have a discussion with your vice president education about being a Toastmasters mentor. Submit the Project Completion Form to your vice president education to verify that you completed all forms included in this project.

This project includes:
- The Mentor Self-Assessment resource
- Meeting with the vice president education to discuss your readiness to mentor
- There is no speech associated with this project.

PROJECT DESCRIPTION
Prepare to Speak Professionally

This project is designed to help you define the attributes of professional speakers and apply that understanding to your own skills as a speaker.

Purpose: The purpose of this project is to practice developing and presenting a longer speech.

Overview: Write and present an 18- to 22-minute keynote-style speech. Exemplify the point of view or message you would convey as a professional-level speaker. You may choose to use visual aids if they fit your speech and your style. Your speech may be humorous, informational, or any style that appeals to you and supports your speech content. If you receive advance approval from the vice president education, you may present your speech to a non-Toastmasters group.

This project includes:
- The Speech Outline Worksheet
- An 18- to 22-minute keynote-style speech
This project introduces how to select key information to present in a proposal to build a case with supporting evidence and realistic solutions.

**Purpose:** The purpose of this project is to practice developing and presenting a proposal.

**Overview:** Develop a proposal to improve any area of your life. It may involve your personal or professional life, or your Toastmasters club. If your proposal involves your club, speak with the appropriate officer. For example, if you have a proposal to increase club membership, discuss it with the vice president membership. In a 5- to 7-minute speech at a club meeting, present your entire proposal or aspects of it.

**This project includes:**
- Developing a proposal
- The Write a Proposal Resource
- A 5- to 7-minute speech

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This project focuses on how to promote awareness of an organization, formulate a public relations strategy and use various public relations tactics.

**Purpose:** The purpose of this project is to practice the skills needed to effectively use public relations strategies for any group or situation.

**Overview:** Create a public relations plan for a real or hypothetical group or situation. If it involves your club, it must be hypothetical unless you communicate with the vice president public relations and club president. Share your plan in a 5- to 7-minute speech at a club meeting. This speech is not a report on the content of this project, but an example of how you will or might apply what you learned.

**This project includes:**
- Creating a public relations strategy
- A 5- to 7-minute speech
**PROJECT DESCRIPTION**

**Question-and-Answer Session**

This project addresses how to prepare to answer questions and provide information clearly, concisely and with confidence.

**Purpose:** The purpose of this project is to learn about and practice facilitating a question-and-answer session.

**Overview:** Select a topic of which you are particularly knowledgeable. Prepare and deliver a speech on this topic, followed by a question-and-answer session. Together, the speech and question-and-answer session must be 15 to 20 minutes. Use your time effectively to ensure both segments are completed.

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**PROJECT DESCRIPTION**

**Reaching Consensus**

This project focuses on reaching consensus and the importance of including all group members in the decision-making process.

**Purpose:** The purpose of this project is to work with a group to practice reaching consensus on any topic.

**Overview:** Apply the techniques described in the project to practice leading a group of people toward consensus at a club meeting in 20 minutes. Choose a topic that will offer you and your group a challenge, but avoid topics that you know are unlikely to reach consensus in the timeframe. (Note: It is ok if you cannot reach consensus in 20 minutes.) Then, give a 2- to 3-minute closing statement on the experience or the decision.

You may also choose to lead a non-Toastmasters group toward consensus. Apply the techniques described in the project. Choose a topic that will offer you and your group a challenge. At a club meeting, deliver a 5- to 7-minute speech about the experience. Your speech can be persuasive, humorous, informational, or crafted in any style that appeals to you and supports your speech content. Submit your signed Project Completion Form to the vice president education.

**This project includes:**
- Leading a non-Toastmasters group toward consensus
- A 5- to 7-minute speech
- The Project Completion Form
Reflect on Your Path

This project is designed to give you an opportunity to share your experience at the end of your path.

**Purpose:** The purpose of this project is to reflect on your growth during the completion of an entire path.

**Overview:** At a club meeting, present a 10- to 12-minute speech to share your experience completing your path. Use this as an opportunity to reflect on how far you have come, summarize the skills you have learned and developed, and to celebrate your achievements. Your speech can be humorous, informational, or any style that that appeals to you and supports your speech content.

**This project includes:**
- The Your Toastmasters Journey resource
- A 10- to 12-minute speech

Researching and Presenting

This project addresses topic selection strategies, suggestions for research and methods for producing a well-organized speech.

**Purpose:** The purpose of this project is to learn or review basic research methods and present a well-organized, well-researched speech on any topic.

**Overview:** Select a topic that you are not already familiar with or that you wish to learn more about. Be sure your topic is narrow enough to be an effective 5- to 7-minute speech. Research the topic and begin organizing the information, as described in this project. Practice your speech and continue to refine its organization. Present your speech at a club meeting.

**This project includes:**
- Researching a topic
- The Research Worksheet
- The Speech Outline Worksheet
- A 5- to 7-minute speech
The focus of this project is the benefit of collaboration, building an environment of trust, and encouraging creative debate within a group.

**Purpose:** The purpose of this project is to introduce or review strategies for working in a collaborative group.

**Overview:** Work with a small team and collaborate to make decisions. Your goal is to apply the collaboration strategies you learned to a small-scale project, such as planning a club meeting. Deliver a 5- to 7-minute speech at a club meeting about your experience with the collaboration process. Your speech is not a report on the content of this project. This speech is about you, your learning, and your perceptions of the experience.

**This project includes:**
- Working with a small team to make a collaborative decision for a small-scale event
- The Team-Building Activities resource
- A 5- to 7-minute speech

This project addresses the benefits of team building. It is designed to help you build a sense of collaboration and trust within a team completing a project.

**Purpose:** The purpose of this project is to practice the skills needed to build a cohesive team and host an event.

**Overview:** Build and work with a small team to design and host a team-building event, either in your Toastmasters club or another environment. Any non-Toastmasters event must be approved by your club’s vice president education and attended by a member of your club leadership team. Before the event, deliver a 2- to 3-minute report at a club meeting to share your plans. After the event, deliver a 5- to 7-minute speech to your club. The content of the speech is up to you, but needs to be about your event, the impact of leading on you and your team, or the impact of building a team on you as a leader.

**This project includes:**
- Working with a small team to design and host a team-building event
- The Team-Building Activities resource
- The Team-Building Event Evaluation resource
- A 2- to 3-minute report
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Understanding Conflict Resolution

This project is designed to introduce conflict resolution strategies and provide an opportunity to resolve a conflict scenario within an interactive activity.

Purpose: The purpose of this project is to develop or enhance your understanding of the steps and strategies to address conflict.

Overview: Complete the conflict resolution video activity in the project. Prepare a 5- to 7-minute speech to discuss how you manage conflict, how you can develop a stronger strategy, and your best attributes in a conflict situation. You may also share the impact of the video activity. Your speech may be humorous, informational, or any style that appeals to you. This project is not a report on or a critique of the content of this project.

This project includes:
- A conflict resolution video activity
- A 5- to 7-minute speech

PROJECT DESCRIPTION
Understanding Emotional Intelligence

This project addresses elements of emotional intelligence. It is designed to help you understand your own emotions and the emotions of others.

Purpose: The purpose of this project is to cultivate an understanding of how your emotions impact your relationships. It is also designed to help you identify how others' emotions impact your emotional state.

Overview: For a minimum of two weeks, keep a journal about your emotions and how they impact you and others. Discuss the impact of tracking your emotions in a 5- to 7-minute speech at a club meeting. (Note: You are not required to share the intimacies of your experience.) Finally, submit the signed Project Completion Form to your vice president education to indicate you completed your journal.

This project includes:
- A journal you maintain for a minimum of two weeks
- The Project Completion Form
- A 5- to 7-minute speech
### Project Description: Understanding Vocal Variety

This project addresses the importance of vocal variety when giving a speech and provides activities to develop and nurture its use.

**Purpose:** The purpose of this project is to practice using vocal variety to enhance a speech.

**Overview:** Learn or review the importance of vocal variety. Use the exercises in this project to improve your vocal variety skills. Then, present a 5- to 7-minute speech on any topic at a club meeting. The primary focus of the evaluation is your vocal variety.

**This project includes:**
- A 5- to 7-minute speech

### Project Description: Understanding Your Communication Style

This project focuses on recognizing your preferred communication style and understanding how your style impacts your interactions with others.

**Purpose:** The purpose of this project is to learn about different communication styles and identify your primary style.

**Overview:** Complete the Discover Your Communication Style questionnaire to help you identify your style. Deliver a 5- to 7-minute speech at a club meeting about your communication style and its impact on your professional and/or personal relationships. If you are uncomfortable discussing your communication style, you may speak about the communication styles you have encountered and how they impact you. Your speech should not be a report of the content of this project.

**This project includes:**
- The Discover Your Communication Style questionnaire
- A 5- to 7-minute speech
**PROJECT DESCRIPTION**  
**Understanding Your Leadership Style**

This project is designed to introduce the different styles of leadership and help you identify your preferred style.

**Purpose:** The purpose of this project is to identify your primary leadership style or styles.

**Overview:** Complete the Discover Your Leadership Style questionnaire. Consider how your leadership style impacts the people around you and how you can adjust it to more effectively lead people with styles different from your own. Deliver a 5- to 7-minute speech at a club meeting to share some aspect of your leadership style or leadership styles in general. You may choose to discuss your style preferences when working with others, your style and how you can adapt it to situations, or leadership styles in general and how they impact a group.

This project includes:
- The Discover Your Leadership Style questionnaire
- A 5- to 7-minute speech

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**PROJECT DESCRIPTION**  
**Using Descriptive Language**

This project addresses the difference between literal and figurative language along with how to determine when to use each to create vivid descriptions.

**Purpose:** The purpose of this project is to practice writing a speech with an emphasis on adding language to increase interest and impact.

**Overview:** You may speak on any topic. Develop a 5- to 7-minute speech describing the topic in detail and present it at your club meeting.

This project includes:
- A 5- to 7-minute speech
PROJECT DESCRIPTION
Using Presentation Software

This project addresses the use of presentation software—from identifying topics that benefit from the use of technology to effective slide design and presentation.

**Purpose:** The purpose of this project is to introduce or review basic presentation software strategies for creating and using slides to support or enhance a speech.

**Overview:** Select a speech topic that lends well to a visual presentation using technology. Use the content of this project and your own research to help you develop your slides. Give a 5- to 7-minute speech using the slides you developed. Your speech can be humorous, demonstrative, or informational, and it may include stories or anecdotes.

This project includes:
- Developing presentation slides
- A 5- to 7-minute speech

PROJECT DESCRIPTION
Write a Compelling Blog

This project addresses the basics of developing a compelling blog and successfully engaging a readership.

**Purpose:** The purpose of this project is to review or introduce the skills needed to write and maintain a blog.

**Overview:** Post a minimum of eight blog posts in one month. Your blog may be new or one you have already established. You must receive approval from the vice president education to blog on behalf of your club. Deliver a 2- to 3-minute speech at a club meeting about the impact of your blogging experience. You may choose to have your blog evaluated by members of the club. Submit your signed Project Completion Form to the vice president education to receive credit for this project.

This project includes:
- Maintaining a blog and posting at least eight times in one month
- The Blog Evaluation Form
- The Project Completion Form
- A 2- to 3-minute speech
Recognize achieving Level 1 completion in the Pathways program with this handsome navy ribbon, custom printed in silver with the Toastmasters logo.

Item 494L1

Recognize achieving Level 2 completion in the Pathways program with this handsome blue ribbon, custom printed in silver with the Toastmasters logo.

Item 494L2

Recognize achieving Level 3 completion in the Pathways program with this handsome burgundy ribbon, custom printed in silver with the Toastmasters logo.

Item 494L3

Recognize achieving Level 4 completion in the Pathways program with this handsome coral ribbon, custom printed in silver with the Toastmasters logo.
Level 5 ribbon does not exist. Once you complete Level 5 you have completed the Path, so you have earned a Path Ribbon.

All Ribbons: Height: 2 inches | Width: 8 inches
Member Price: $0.60

View All Level Ribbons
Using Descriptive Language

This project addresses the difference between literal and figurative language along with how to determine when to use each to create vivid descriptions.

**Purpose:** The purpose of this project is to practice writing a speech with an emphasis on adding language to increase interest and impact.

**Overview:** You may speak on any topic. Develop a 5- to 7-minute speech describing the topic in detail and present it at your club meeting.

**This project includes:**
- A 5- to 7-minute speech
PATHWAYS
PATHS

PATHS: The Pathways learning experience has 10 Paths. Each Path has its own set of Required and Elective Projects, and each Path was developed around the five core competencies mentioned in Lesson 1. The 10 Paths are: Dynamic Leadership, Effective Coaching, Innovative Planning, Leadership Development, Motivational Strategies, Persuasive Influence, Presentation Mastery, Strategic Relationships, Team Collaboration, and Visionary Communication. Each Path is represented on the website and in various TI publications with its own icon, shown below.

Each PATH has a focus, as indicated by its name, and each PATH will require 10 Required Projects and 4 Elective Projects. Each PATH will incorporate projects that allow you to work on some of the 5 core competencies. Each Path is made up of five levels of increasing complexity.

So, PATHS, LEVELS and CORE COMPETENCIES go together when talking about Pathways. They are all intertwined in some way.
If we take the Dynamic Leadership Path shown above and expand it to show more detail, you get a much better picture of what is involved with this path. You now see all the projects, elective and required, for this path, as well as the 5 levels involved. The Required and Elective Projects for this Path are now shown. Each has been assigned a project number. To see all projects listed alphabetically and with their assigned project numbers, click here.
DYNAMIC LEADERSHIP
Helps you build your skills as a strategic leader.

Mastering Fundamentals - LEVEL ⭐
* Ice Breaker-19  
* Researching and Presenting-49  
* Evaluation and Feedback-16

Learning Your Style - LEVEL ⭐
* Understanding Your Leadership Style-56  
* Understanding Your Communication Style-55  
* Introduction to Toastmasters Mentoring-22

Increasing Knowledge - LEVEL ⭐
* Negotiate the Best Outcome-38

Level 3 Elective Projects (choose 2)
* Deliver Social Speeches-10  
* Using Presentation Software-58  
* Connect with Storytelling-05  
* Creating Effective Visual Aids-08  
* Using Descriptive Language-57  
* Connect with Your Audience-06  
* Make Connections Through Networking-28  
* Focus on the Positive-17  
* Inspire Your Audience-21  
* Prepare for an Interview-41  
* Understanding Vocal Variety-54  
* Effective Body Language-14  
* Active Listening-01

Building Skills - LEVEL ⭐
* Manage Change-29

Level 4 Elective Projects (choose 1)
* Create a Podcast-07  
* Building a Social Media Presence-03  
* Managing a Difficult Audience-33  
* Write a Compelling Blog-59  
* Manage Online Meetings-30  
* Question-and-Answer Session-46  
* Public Relations Strategies-45  
* Manage Projects Successfully-31

Demonstrating Expertise - LEVEL ⭐
* Lead in Any Situation-23  
* Reflect on Your Path-48

Level 5 Elective Projects (choose 1)
* Lessons Learned-27  
* Moderate a Panel Discussion-36  
* Ethical Leadership-15  
* High Performance Leadership-18  
* Leading in Your Volunteer Organization-25  
* Prepare to Speak Professionally-43

To view this type graphic for any Path, click here.
Core Competencies: It is important to note that each member using Base Camp will have the opportunity to select from many electives to extend their learning. With the addition of electives, members have the flexibility to cover all core competencies within each path. The five core competencies are: Public Speaking, Interpersonal Communication, Strategic Leadership, Management and Confidence. Confidence is unique because it cannot be taught, but is gained in every path.

Public Speaking: builds members’ confidence in delivering both prepared and impromptu speeches in the Toastmasters club environment as well as their personal and professional lives. Through practice and peer evaluation, members learn how to present their messages effectively, concisely and professionally. This competency provides tools that members can use to learn prepared and impromptu speaking skills.

Interpersonal Communication: builds members’ confidence in communicating with others, whether verbally, non-verbally, in writing or via electronic methods. Members learn how to build relationships, resolve conflict and communicate well with others. This Toastmasters competency teaches members to effectively interact with others at any level, from guests to members and leaders at the club, area, division, district levels and beyond.

Management: While a person may be both a leader and a manager, there is a difference in the skill sets needed for these roles. Within the Toastmasters organization of clubs, areas, divisions and districts, managing deals mostly with planning, organizing and facilitating specific tasks (such as the club treasurer managing the club’s budget). Managing also deals with people, whether they are individuals or groups. Managers build camaraderie and teamwork and empower members to learn and grow through the Toastmasters education program.

Strategic Leadership: Every club, area, division and district needs a strategic leader—someone who sees
the big picture and has the ideas and vision to do things better, whether it’s build a more supportive club environment, lead a team, or attract and retain more members.

The Toastmasters strategic leader has a vision that is both attainable and inspiring. He or she is able to bring about positive changes by inspiring others to get involved and help in the effort to reach common goals.

Building Confidence: In Toastmasters, one of the many ways that members develop confidence is through self-reflection. Through self-reflection and evaluation, members learn to acknowledge their flaws and embrace their capacity for self-improvement. By learning how to set goals and meet them, they gain confidence in their own knowledge, skills and abilities.
PATHWAYS: The Pathways learning experience has 10 Paths. Each Path has its own set of Required and Elective Projects, and each Path was developed around the five core competencies mentioned above. The 10 Paths are: Dynamic Leadership, Effective Coaching, Innovative Planning, Leadership Development, Motivational Strategies, Persuasive Influence, Presentation Mastery, Strategic Relationships, Team Collaboration, and Visionary Communication. Each Path is represented on the website and in various TI publications with its own icon, shown below.

Pathways Details
The new PATHWAYS learning experience is based on these **FIVE CORE COMPETENCIES**: 1. **PUBLIC SPEAKING**, 2. **INTERPERSONAL COMMUNICATION**, 3. **STRATEGIC LEADERSHIP**, 4. **MANAGEMENT**, 5. **CONFIDENCE**. The primary core competencies represented in each path are listed in order of emphasis inside each box that describes one of the ten paths. To determine the right path for you, go to this link: [https://www.toastmasters.org/Pathways-Overview](https://www.toastmasters.org/Pathways-Overview) (log in required).

### Paths, Core Competencies and Levels

The projects on this path focus on understanding leadership and communication styles, the effect of conflict on a group and the skills needed to defuse and direct conflict. These projects also emphasize the development of strategies to facilitate change in an organization or group, interpersonal communication and public speaking. This path culminates in a project focused on applying your leadership skills. *Not available in non-English printed materials.*

### Dynamic Leadership
**HELPs you build your skills as a strategic leader.** The projects on this path focus on developing a strong connection with audience members when you present, speech writing and speech delivery. Projects contribute to building an understanding of the steps to manage a project, as well as creating innovative solutions. This path culminates in a "High Performance Leadership" project of your design. *Not available in printed materials.*

### Effective Coaching
**HELPs you build your skills as a positive communicator and leader.** The projects on this path focus on understanding and building consensus, contributing to the development of others by coaching and establishing strong public speaking skills. Each project emphasizes the importance of effective interpersonal communication. This path culminates in a "High Performance Leadership" project of your design. *Not available in printed materials.*

### Innovative Planning
**HELPs you build your skills as a public speaker and leader.** The projects on this path focus on developing a strong connection with audience members when you present, speech writing and speech delivery. Projects contribute to building an understanding of the steps to manage a project, as well as creating innovative solutions. This path culminates in a "High Performance Leadership" project of your design. *Not available in printed materials.*

### Leadership Development
**HELPs you build your skills as an effective communicator and leader.** The projects on this path focus on understanding leadership and communication styles, the effect of conflict on a group and the skills needed to defuse and direct conflict. These projects also emphasize the development of strategies to facilitate change in an organization or group, interpersonal communication and public speaking. This path culminates in a project focused on applying your leadership skills. *Not available in printed materials.*

### Motivational Strategies
**HELPs you build your skills as a powerful and effective communicator.** The projects focus on learning strategies for building connections with the people around you, understanding motivation and successfully leading small groups to accomplish tasks. This path culminates in a comprehensive team-building project that brings all of your skills together—including public speaking. *Not available in printed materials.*

### Persuasive Influence
**HELPs you build your skills as an innovative communicator and leader.** The projects on this path focus on how to negotiate a positive outcome together with building strong interpersonal communication and public speaking skills. Each project emphasizes developing leadership skills to use in complex situations, as well as creating innovative solutions to challenges. This path culminates in a "High Performance Leadership" project of your design. *Not available in printed materials.*

### Presentation Mastery
**HELPs you build your skills as an accomplished public speaker.** The projects on this path focus on learning how an audience responds to you and improving your connection with audience members. The projects contribute to developing an understanding of effective public speaking technique, including speech writing and speech delivery. This path culminates in an extended speech that will allow you to apply what you learned.

### Strategic Relationships
**HELPs you build your skills as a leader in communication.** The projects on this path focus on understanding diversity, building personal and/or professional connections with a variety of people and developing a public relations strategy. Communicating well interpersonally and as a public speaker is emphasized in each project. The path culminates in a project to apply your skills as a leader in a volunteer organization. *Not available in non-English printed materials.*

### Team Collaboration
**HELPs you build your skills as a collaborative leader.** The projects on this path focus on active listening, motivating others and collaborating with a team. Each project contributes to building interpersonal communication and public speaking skills. This path culminates in a project focused on applying your leadership skills. *Not available in non-English printed materials.*

### Visionary Communication
**HELPs you build your skills as a strategic communicator and leader.** The projects on this path focus on developing your skills for sharing information with a group, planning communications and creating innovative solutions. Speech writing and speech delivery are emphasized in each project. This path culminates in the development and launch of a long-term personal or professional vision. *Not available in printed materials.*

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